



Year 7 & 8

ENRICHMENT PROGRAMME

Block Two

February 2020- April 2020



Welcome to Block Two of your Enrichment Curriculum!

At the Archer Academy we think that life outside of the classroom is really important in developing your lifelong love of learning. We want you to have a wide range of opportunities to try new things, develop existing talents and have some fun!

As you know, Enrichment is split into two blocks, with each being around **8 weeks** long.

Block Two: w/c Monday 10th February 2020

Enrichment Block Two:

Tuesday sessions: 11-Feb, 25-Feb, 03-Mar, 10-Mar, 17-Mar, 24-Mar, 31-Mar, 21-April, 28-April

Thursday sessions: 27-Feb, 05-Mar, 12-Mar, 19-Mar, 26-Mar, 02-April, 23-April, 30-April

This guide explains what is on offer for Block Two.

How does Enrichment work?

Enrichment happens every Tuesday and Thursday as part of our extended day. Your lessons will finish at 2:30pm and you will then have a 15-minute break before registration. After registration you will start your enrichment. We encourage you to bring a drink and a snack on a Tuesday and a Thursday to have during your break. In your break you should get changed if you need to and go outside for some fresh air. After registration you need to go directly to your Enrichment classroom or meeting point ready for a **3:05pm start**.

Some courses are held at venues outside of school. Make sure you know where you need to meet your course leader and be prompt to arrive.

Enrichment times

Tuesday: 3:05pm to 4:05pm

Thursday 3:05pm to 4:05pm

How do I make my choices?

You need to make a "Tuesday" choice and a "Thursday" choice for this Block. To help you to do this you will be shown a 'virtual fair' which will include videos with information about each Enrichment. This should hopefully enhance what you learn from the information in this booklet and will allow you to see the leaders of the different courses and find out more about what they are offering.

The virtual fairs will take place during registration time on **28th and 30th January**. You will also make these choices during this time. Before this date you should read this booklet carefully as it gives you an overview of the different courses available to you this Block. It is also a good idea to show this booklet to your parents and discuss what grabs your attention with them. This will help you make fully informed decisions for your **top five** choices on the day.

Once you have made your choices you need to complete a "Choice Form" very carefully. At the end of the virtual fair you will need to complete one form for your Tuesday choice and a different one for

your Thursday choice and hand them in to your form tutor. Remember to choose carefully, as there will be **no changing Enrichments**.

The Archer Outcomes

The Archer Outcomes play a key role in measuring success at The Archer. This is also the case for Enrichment. Each Enrichment will focus on two of the Archer Outcomes:

- Analytical
- Articulate
- Collaborative
- Creative
- Reflective
- Resilient



Articulate



Reflective



Creative



Resilient



Collaborative



Analytical

In order for you to work on a range of skills and make the most of Enrichment, we encourage students' choices to reflect a variety of the Archer Outcomes. Just like your normal lessons, Enrichment providers may reward you with a merit if you make a special effort in working towards the specific Archer Outcomes.

How will I be assessed in Enrichment?

It is important to recognise the progress and achievements gained from these sessions. For Enrichment you will be assessed in two formats:

Report Cycle Three:

On your third report of this academic year there will be a section showing your progress in both of your Enrichment sessions. This will be based on:

Pastoral: You will be given a grade for behaviour and effort

Archer Outcomes: Your progress towards these.

Golden Arrows:

The 'Archer Golden Arrow' is an award given by each Enrichment teacher to the one student who has made the most progress during the course of that Enrichment. Look out for what the description says you need to do in order to impress your teachers.

TUESDAY CHOICES

The information below outlines the courses you can choose from on a Tuesday. Have a good read. It is all very exciting!

Stop Motion Animation

Tutor Mr Harwood (Alex)

Year 7 & 8

Maximum Numbers: 15

What you will be doing: *Are you interested in animation/filmmaking? Have you ever wondered how films like 'Missing Link' are made? Do you enjoy art, creating characters and writing stories? Would you like to create your own animated film??*

Each week we will focus on a different aspect of the process in creating a stop motion animated film from writing the story, creating the art work and finally editing the film – there are many things to work on in a short space of time so you will need to be enthusiastic, organised, disciplined and a team player!

Skills you will develop:

- Visual/Digital Art – creating characters/sets/props, photography and animation/editing skills using iPads
- Storyboard creation and scriptwriting
- Collaboration/Teamwork – learning to share ideas and assign roles

Top 3 things about this enrichment:

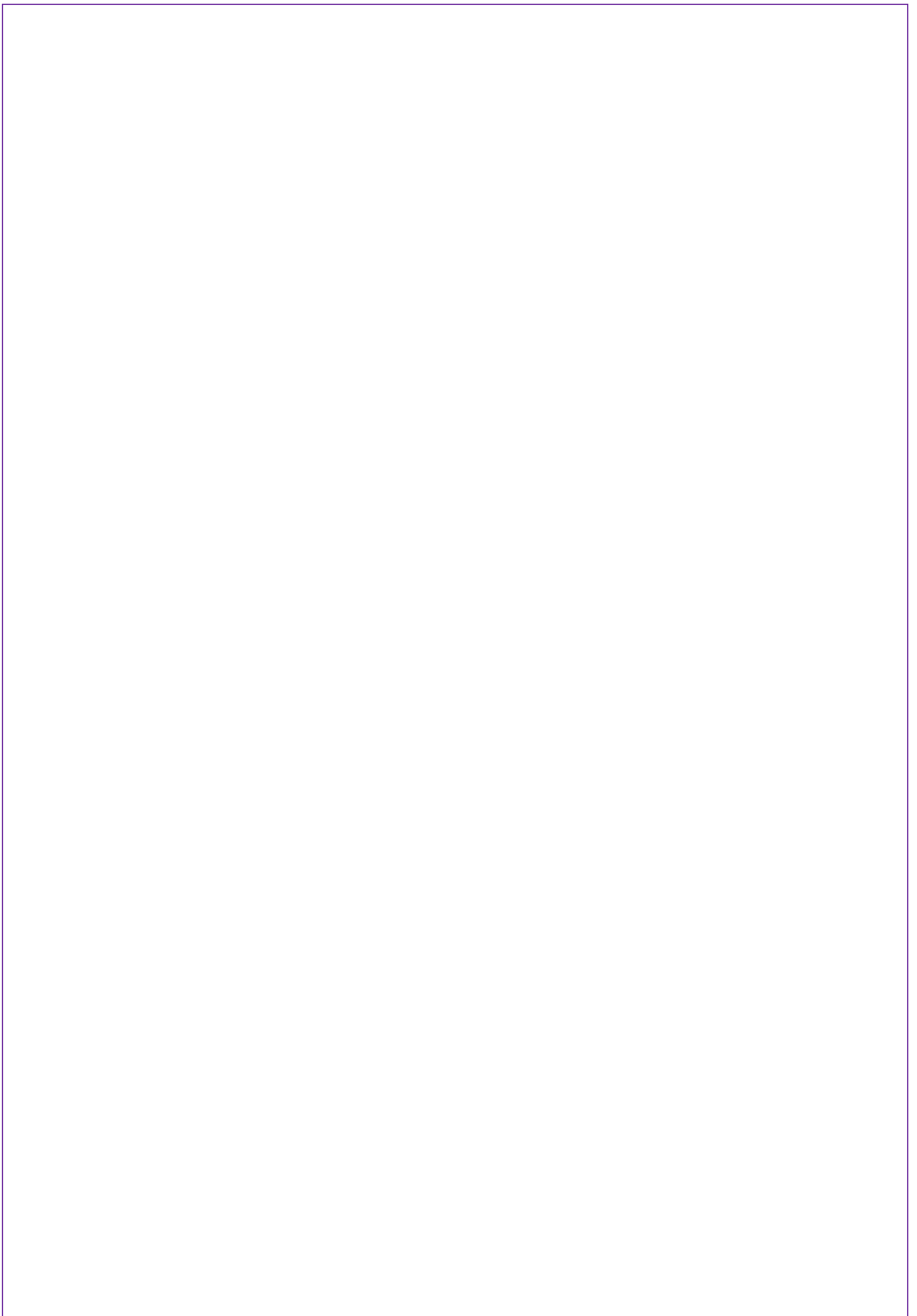
1. Learn new skills in visual/digital art, storytelling and filmmaking
2. Showcase your film at a screening at the end of the course
3. Meet new people and make new friends

Archer Outcomes Focus: **Creative:** Using your visual/digital art and storytelling skills to create a short animated film

Collaborative: Working together as a team with your fellow group members to create your final film

Golden Arrow: Consistently demonstrate outstanding creativity and collaboration throughout the filmmaking process

You will need: Bring with you anything that you might like to use in the film as characters/props; for example toys, photographs etc.



Spoken Word

Tutor Mr Fuller

Year 7 & 8

Maximum Numbers: 10-20

What you will be doing: You will be learning about the power and versatility of spoken word as an art form. We will be exploring a range of topics from: feminism and racism, discrimination, to your life at school, your favourite music, and even sport, through writing and listening to poetry, your world view will increase. There will also be a group discussion on any other topics you wish to choose.

Skills you will develop:

- Creative Thinking - We will brainstorm ideas together but you will have to be creative in your preparation and your delivery of your pieces.
- Public Speaking – Every week, we will be performing what we have created to each other to enable us to practice this valuable skill.
- Constructive Criticism – The ability to work together and improve and develop your work in a mature and sensible manner.

Top 3 things about this enrichment:

1. A relaxed, nurturing environment to hone your poetic skills.
2. Advice from two seasoned poets.
1. The chance to perform what you have written in an assembly.

Archer Outcomes Focus: Articulate – We will be performing our pieces to each other with regularity, so you need to be able to communicate clearly verbally and in written form.

Creative – Poetry is an art and we want to see you being as creative as possible with the topics/tasks we are covering.

Golden Arrow: Embodies the Archer Outcomes in a way that shows development over the enrichment programme.

You will need: Enthusiasm

Basketball

Tutor	Mr Constantinou
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Do you enjoy learning basketball? Would you like to improve your skills?</p> <p>Each week we will be playing matches against one another to improve our basketball skills. Whether you are a beginner or an expert, this enrichment welcomes all abilities.</p> <p>You'll also get the chance to see Mr Barrow 'shooting some hoops' in a manner similar to LeBron James!</p>
Skills you will develop:	<ul style="list-style-type: none">• Passing• Shooting• Dribbling
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. You will have a chance to develop your competitive edge through playing in games2. A fun way of improving your fitness levels and improving your overall health3. Extend your knowledge of basketball gained in your PE lessons further
Archer Outcomes Focus:	<p>Collaborative</p> <p>Resilient</p>
Golden Arrow:	To be awarded to the students who show improvements in their skill level, knowledge of rules/officiating, or their awareness of their positioning on the court
You will need	Full Archer Academy CP or PE Kit. This enrichment will take place outside so bring a coat, water bottle

Mandarin Chinese

Tutor Mr. Wong

Year 7 & 8

Maximum Numbers: 20

What you will be doing: *Chinese is the most widely spoken language in the world with approximately 1,197,000,000 people speaking Chinese, of which 873,000 million speak Mandarin, therefore 14% of the global population speak Chinese.*

Chinese history and culture is one the richest and certainly the oldest in the world. China is renowned for producing beautiful novels, short stories, poetry and more recently excellence in film.

This course will enable you to develop your Chinese language skills, equipping you with the ability and confidence to communicate in Chinese in a variety of contexts. In addition, this course will develop your cultural awareness.

Skills you will develop:

- Chinese reading, writing, speaking and listening skills.
- Communication skills and confidence.
- Awareness and understanding of another culture.

Top 3 things about this enrichment:

1. Students with two languages are significantly more employable than those with only one language.
2. Chinese is one of the most widely spoken languages in the world and is a highly desirable skillset in the world of business.
3. You will be taught by a native speaker!

Archer Outcomes Articulate

Focus: Resilient

Golden Arrow: The student who is the most hardworking, passionate and collaborative.

You will need: A pen and your curiosity about other languages and cultures.

Contract Bridge

Tutor Mr Sun

Year 7 & 8

Maximum Numbers: 12

What you will be doing/course outcomes: *“It’s a game you can play at any age. If you take it up young, you have fun doing it the rest of your life. A lot of games don’t have that depth. This one does.” Bill Gates*

Contract bridge, or simply bridge, is a trick-taking card game using a standard 52-card deck. In its basic format, it is played by four players in two competing partnerships, with partners sitting opposite each other around a table.

You will learn how to play this exciting game and compete in a tournament!

Skills you will develop:

- Improve your memory
- Improve your problem-solving skills,
- Improve your partnership communication skills

Top 3 things about this enrichment:

1. Bridge is the most popular and exciting card game all over the world, because it is game of skill not luck.
2. In bridge you never will have bad hand, because doesn’t matter what cards you have, what matters how well you will play them, because everybody plays the same hands and you score against other players.
3. Three separate research studies done over the past few years have determined that playing bridge can increase academic performance, lower the risk of developing Alzheimer’s and can even improve a person’s immune system.

Archer Outcomes Focus: Analytical
Resilient

Golden Arrow: Winning the most games

You will need: Willingness to learn new card skills

Rugby

Tutor	Mr Clark
Year	7 & 8
Maximum Numbers:	24
What you will be doing/course outcomes:	<p>You will be creating, practicing and perfecting your very own 10 bounce routine. This will be showcased at the end of the enrichment block.</p> <p>You will also have the chance to learn advanced techniques such as turntable, cradle and somersaults.</p>
Skills you will develop:	<ul style="list-style-type: none">• Flexibility• Understanding the importance of kinaesthetic learning• Evaluating peer's performance
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Learn new techniques2. You will become fitter and stronger (bouncing can be hard work!)3. You will have lots of fun (bouncing is fun!)
Archer Outcomes Focus:	<p>Creative</p> <p>Collaborative</p>
Golden Arrow:	Showing outstanding creativity and collaboration in the final 10 bounce routine.
You will need:	Your Archer Academy PE kit. A bottle of water.

Origami

Tutor External

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: *In Japanese, the word 'ori' means 'to fold' and the word 'kami' means 'paper'. Origami is to use paper folding technique to transform a plain piece of paper into Art form.*

You will start from learning how to fold paper into flowers, animals, boxes and more. In the small friendly groups, you will be creating bigger structure by using modular origami.

Skills you will develop: Origami is therapeutic and it is a great way to refine your eye and hands co-ordination. Large scale modular origami can help you to develop your sequencing skills, attention skills, patience and math reasoning etc.

Top 3 things about this enrichment:

1. Making your own origami shapes to take home
2. Learning an ancient Japanese art form
3. Making fun creations with your friends

Archer Outcomes Focus: Creative
Resilient

Golden Arrow: Showing dedication and confidence in rehearsals and performance

You will need: Scissors

Running Club

Tutor Miss Jones

Year 7 & 8

Maximum Numbers: 25

What you will be doing/course outcomes: Do you want to get fitter and learn to enjoy exercise in a safe, non-competitive environment? Have you ever wanted to enter yourself for a race but aren't sure you'd manage the distance? Do you want to improve your endurance and gain confidence in your ability to keep going?

Join Running Club, a casual and informal running group that will support you to complete a 5km run comfortably. The course could finish with a Saturday Parkrun at Hampstead Heath to show you have 'graduated' to running 5km continuously!

Skills you will develop: The physical endurance to keep going, and the strength of mind to not give up!

Top 3 things about this enrichment:

1. You'll get fitter
2. You'll feel great about yourself afterward
3. You'll feel more confident about your ability to try new things and challenge yourself to keep going afterwards – excellent for life!

Archer Outcomes: Resilient

Collaborative

Golden Arrow: The person who is able to run the furthest continuously at the end of the course

You will need: PE kit, a good supportive pair of trainers and a bottle of water for afterwards

Micro Fiction

Tutor Miss Walker

Year 7 & 8

Maximum Numbers: 30

What you will be doing/course outcomes: Students will embark on a programme in which they will read and analyse flash/micro fiction (stories under 250 words) and then compose their own using similar techniques. Students will gather a collection and publish this as a chapbook.

Skills you will develop: Creative writing, editing and re drafting, literary analysis.

Top 3 things about this enrichment:

1. Students will delve deep into the furthest reaches of their creativity.
2. Students will learn crucial editing and redrafting skills.
3. Students will become published authors.

Archer Outcomes Focus: Creative

Articulate

Golden Arrow: This will be awarded to students who have utilised all the gained skills and compiled and published a body of work.

You will need: A pen and a notepad.

Taekwondo

Tutor Mr Malik Ayman

Year 7 & 8

Maximum Numbers: 12 - 16

What you will be doing: Rapid introduction to power of martial arts & fitness. Breaking boards & training with pads, kicking punching. Self-defence standing and ground grappling.

Students will enjoy learning the basic level syllabus patterns – sequences of movements Taekwondo-Do (basic grading syllabus requirements) and the 7 fundamental Self-Defence techniques

Skills you will develop:

- Increase your confidence, fitness ability and awareness
- Learn the most powerful simple self-defence techniques
- Feel good fun learning, motivation inspiration techniques through fitness martial arts

Top 3 things about this enrichment:

1. Exciting
2. Empowering
3. Energetic

Archer Outcomes Focus: Creative
Resilient

Golden Arrow: Ability to show outstanding FOCUS PERSEVERANCE TEAMWORK – present both Patterns – Sequence WHITE BELT + more requirements in full with your group / partner in the sessions

You will need: CP Kit + water bottle + face towel

Improvisation

Tutor	Miss Greenwood
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p><i>Do you enjoy creating theatre? Do you want to develop a new acting skill? Do you want to have fun?</i></p> <p>If your answer was yes to these three questions improvisation is for you. We will explore the art of improvisation through a variety of drama games and exercises to enhance you as a performer.</p>
Skills you will develop:	<ul style="list-style-type: none">• Developing your drama performance skills• Learn the power of improvisation on stage
Top 3 things about this enrichment:	<p>Team work (how to enhance a partner's performance)</p> <ol style="list-style-type: none">1. You learn a new form of theatre developing your skills2. You will make new friends with other impulse members3. Lots of laughter
Archer Outcomes Focus:	<p>Creative: you will develop your on the spot thinking.</p> <p>Collaborative: you need to work together with the rest of your group</p>
Golden Arrow:	Being supportive and making everyone else look good
You will need:	Your CP kit

Chess Championships

Tutor Mr Raghuveer

Year 7 & 8

Maximum Numbers: 20

What you will be doing: Are you a chess whizz? Do you think you have what it takes to be the champion? Can you beat a former county chess player in Mr Raghuveer?

You will be playing chess against the other students for a place as the top chess player in the school!

We will also learn tactics to develop your game further, so even if you are not an experienced chess player, you are encouraged to come along!

Skills you will develop:

- Develop your analytical and problem-solving skills.
- Improve your self-confidence by giving yourself feedback after every game.
- Find your competitive edge when it comes to getting your hands on the trophy.

Top 3 things about this enrichment:

1. A relaxed but competitive environment.
2. Developing your memory, concentration, and creative skills.
3. The Championship trophy!

Archer Outcomes Focus: Reflective – You need to be able to consistently reflect in chess to be able to be better both during a game and after.

Analytical – Understand the right moves to play as part of a strategy, not just individual moves to win points.

Golden Arrow: The championship winner.

Archer Arrow: Consistently showing reflective skills and self-improvement throughout the sessions.

History Mastermind

Tutor Ms Severin

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: We will be playing creating and testing games which are involved with History

This course will enable students to explore and widen their knowledge about history away from the class and into the gaming world.

Be able to discuss the events taken place in our world today.

Skills you will develop:

- Analysing certain events and how they are portrayed
- Creating games to test and try in class
-

Top 3 things about this enrichment:

1. Develop your creative side
2. Work collaboratively in a group as well as the competitive spirit
3. Create your own version of games

Archer Outcomes Creative

Focus: Resilience

Golden Arrow: Those who have the wackiest ideas for games, always involved and inputting within a group

You will need: Pens

Geography Film Club

Tutor Mr Barrow

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: Documentaries and films within Geography are a fantastic way of observing different countries, cultures and locations. Geography in the media will showcase a range of Hollywood films and raw documentaries across a range of human and physical environments. From 'Planet Earth' to 'Slumming it' to 'The Day After Tomorrow', Geography in the media has it all!

Skills you will develop:

- A better understanding of different countries and cultures
- An increased appreciation of how Geography shapes the world we live in today

Top 3 things about this enrichment:

1. Highly engaging discussions on topical issues
2. An opportunity to see how other people live
3. A chance to develop an understanding of geographical issues and events through real life visuals

Archer Outcomes Focus: Creative
Collaborative

Golden Arrow: Materialising your understanding through documented evidence such as posters, leaflets, and/or academic writing.

You will need: A geographical mind!

History Film Club

Tutor Ms Devi

Year 7 & 8

Maximum Numbers: 20

What you will be doing:

- Watch films and cartoons based on famous historical events
- Test the accuracy of historical films
- Widen your knowledge of historical issues
- Quiet space to discuss important historical issues
- Discuss important historical issues and their relevance in the modern world

Skills you will develop:

Knowledge retention and consolidation
Analysis of accuracy

Top 3 things about this enrichment:

1. Brings History to life
2. Test the accuracy of films
3. Biscuits!

Archer Outcomes Focus:

Analytical
Resilient

Golden Arrow:

Awarded to the person who demonstrates exceptional knowledge and makes thoughtful contributions

You will need:

A pen, colours, film ideas!

Science in Action

Tutor	Ms Keen
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>From slime to space, each week we will explore and create a new experiment.</p> <p>Examples include; creating you own lava lamps, dissections and creating hydrogen grenades!</p> <p>You are the scientist as we test the limits of our imaginations and create something fantastic.</p>
Skills you will develop:	<ul style="list-style-type: none">• Scientific method• Practical science skills• Creativity and exploration
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. There will be practicals2. There will be science3. There will be excitement
Archer Outcomes Focus:	<p>Creative</p> <p>Collaborative</p>
Golden Arrow:	Expressing enthusiasm and creativity
You will need:	Your imagination and curiosity!

Cheerleading

Tutor Saracens Sport Foundation

Year 7 & 8

Maximum Numbers: 15

What you will be doing: Cheerleading classes focus on competitive all-star cheerleading which is an athletic activity that combines elements of gymnastic tumbling, stunts, and traditional cheerleading skills such as jumps and dance.

Across the weeks you will be putting aspects into a routine that can be performed at the end of the term.

Saracens Sport Foundation provides a Local Schools festival in which you will be able to compete in.

Skills you will develop: Knowledge of basic cheerleading stunts, jumps & dance. Your progress in tumbling will develop with correct technique and skills needed to advance further.

Top 3 things about this enrichment:

1. It's a new sport that combines other sporting activities such as dance & gymnastics.
2. It is suited to all abilities; you can have no experience and still achieve lots!
3. You will learn the importance of team work in a fun and exciting environment.

Archer Outcomes: Collaborative

Resilient

Golden Arrow: The student whose technique improves the most over the period of time in individual and team skills.

You will need Your CP kit and a bottle of water

Yoga

Tutor Maxine Levy

Year 7 & 8

Maximum Numbers: 15

What you will be doing/course outcomes: Do you like the idea of finding a new way of staying healthy and fit? Yoga is a fun non - competitive movement based activity and might be just the thing for you!

The word Yoga means 'balance'. Body, focus and breath all work together. It is a brilliant tool for keeping your body in good shape. As well as developing simple strategies to cope with life's little stresses.

Skills you will develop: Developing great balance, stability, flexibility and posture. Exploring what you can do with your body – safely. Improving concentration and focus (great for exams!) Learning simple techniques to feel calm and relaxed

Top 3 things about this enrichment:

1. Keeping healthy strong and fit.
2. Developing strategies to unwind and release tension.
3. Leaving feeling more coordinated – and also confident to try other sports

Archer Outcomes Focus: Creative
Collaborative

Golden Arrow: Importance of using simple techniques to de-stress at home. A capacity to access a space of “quiet” within themselves during the session.

You will need: Dance kit. A bottle of water

Writing and Performing Raps

Tutor Mr Rob Bradley

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: How do rappers like Eminem, Stormzy and Drake put their rhymes together and perform?

Each week you will learn new skills and use them to write and perform your own raps. You will learn how to find hundreds of rhyming combinations, how to rap on beat, how to perform with confidence, how to tell stories with raps and how to freestyle lyrics on the spot!

These fun and creative sessions are for both those who have rapped before and those who haven't and will give you a powerful skill-set that you can use to express yourself and inspire others.

Skills you will develop:

- Developing your lyric writing ability
- Performing with confidence in front of people
- Enhance your rhythm and ability to stay on beat

Top 3 things about this enrichment:

1. You will learn tips and techniques from a World Championship Rapper
2. You will make friends and collaborate with other people who share your interests
3. You will share your lyrics and perform to music

Archer Outcomes Focus: Articulate
Creative

Golden Arrow: The student who shows they work hard.

You will need: Pens and paper

Sign Language

Tutor Alice

Year 7 & 8

Maximum Numbers: 15

What you will be doing: Unique opportunity to gain knowledge and acquire the skills necessary to communicate effectively with Deaf people. Basic sign language and fingers spelling will be taught and an overview of Deaf awareness will be delivered with an insight into the barriers faced by Deaf people.

An example of the topics covered during the programme:

- Deaf awareness, deaf culture and the possibility of future employment, opportunities working with deaf people.
- BSL- greetings, manual alphabet, lip-reading exercises and tips on effective communication.
- General conversation skills: How are you? What's your name?
- Where do you live?
- BSL- all about me: name, age, home
- BSL- numbers, dates, months, colours

Skills you will develop: Each week skills and knowledge will be built up. Signs will be taught, based on everyday topics such as greeting, introductions, family, food, home etc. The students will be encouraged to communicate with each other using BSL, to help improve receptive and production skills. Upon completion of the programme each student will be awarded a certificate from DEAF.

Top 3 things about this enrichment:

1. Testimonials from previous students. "I really enjoyed the enrichment, I learnt so much about deaf people and the barriers they face. It was a real eye opener". – Ashton Sixth Form College
2. "You really inspired me, the course was awesome".-Jewish Community Secondary School London).
3. The course has helped to boost my knowledge and confidence. I feel that I would know how to communicate with Deaf people now. – Alperton Brent School (London).

Archer Outcomes Focus: Collaborative
Articulate

Golden Arrow: To be awarded to the student who most challenges themselves. This could be practicing signs that they have learned in between sessions, supporting other students or just getting really involved in sessions.

You will need: Only you and some confidence.

Pop Choir

Tutor Ryan

Year 7, 8 & 9

Maximum Numbers: 20

What you will be doing/course outcomes: *Do you enjoy singing? Would you like to learn about singing in harmony? Do you love pop music? Would you like the opportunity to perform?*

Pop Choir lets you sing your favourite songs while you learn about how to strengthen your voice and sing harmonies; this helps you build up your confidence and perform like a pro!

There will also be some room to test your solo skills!

Skills you will develop:

- Developing your Listening Skills
- Understanding how your voice works and singing anatomy
- Get to know other people interested in singing

Top 3 things about this enrichment:

1. You can suggest songs you like!
2. Learn some great warm ups for your voice
3. Develop a better understanding of music

Archer Outcomes Focus: Resilient

Analytical

Golden Arrow: Showing dedication and confidence in rehearsals and performance

You will need: A bottle of water

Nessy Fingers- Touch Typing

Tutor Ms Khan

Year 7 & 8

Maximum Numbers: 12

What you will be doing: In these sessions you will have the time to learn how to touch type by playing interesting games. You will be challenged to beat the clock and type words and sentences using different games. You will have a choice of activities you can do and no two sessions will be the same. If you want to challenge yourself to become a master at typing this enrichment is for you.

Skills you will develop:

- Typing skills
- Spelling skills
- Mnemonic skills

Top 3 things about this enrichment:

1. You will boost your typing skills to enable you to use a laptop in your exams
2. You will build confidence in reading
3. You will be able to monitor your own progress

Archer Outcomes Resilient

Reflective

Golden Arrow: For the student who makes the most progress throughout the sessions and a will to demonstrate continuous engagement

You will need: To be ready to learn new skills!

THURSDAY CHOICES

The information below outlines the courses you can choose from on a Thursday. Have a good read. It is all very exciting

Hair Design

Tutor	Mrs Dorcas Efayena
Year	7 & 8
Maximum Numbers:	15
What you will be doing:	<p><i>Would you like to learn how to braid your own hair or for others? Do you love doing hair? Would you like to be able to create a Dutch/French Braid neatly with and without extensions?</i></p> <p>Each week we will be learning the different steps to master the braiding techniques to achieve a Dutch and French Braid; this means you will need to be willing to practice, work hard and show resilience, energy and enjoy the learning process</p>
Skills you will develop:	<ul style="list-style-type: none">• Developing your braiding skills• Understanding the techniques to create beautiful low tension braids• Team work - working with each other on mannequins and inspiring each other to learn the techniques
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Exploring braiding styles and techniques2. Relationship building with team mates3. Braiding hair and developing braiding skills
Archer Outcomes Focus:	<p>Creativity – You would need to work with your hands to create a pattern</p> <p>Resilience – Braiding takes practice</p>
Golden Arrow:	Successfully creating a Dutch and French Braid on any hair type
You will need:	<p>A mannequin head (Provided by tutor)</p> <p>Two combs (Rat-tail comb & Wide-tooth comb) (can be provided on request)</p> <p>Clips/Hair-band</p> <p>Your hands</p> <p>Bottle of water</p>

Animation Through Drawing

Tutor Azlan

Year 7 & 8

Maximum Numbers: 20

What you will be doing: In the first half of this course you will be learning paper animation. From a basic bouncing ball, to special FX and transitions. In the second half you will be producing a cartoon from your own imagination.

Skills you will develop:

- Animation
- Perseverance
- Drawing
- Patience

Top 3 things about this enrichment:

1. Learning about the world of animation
2. Gaining the title of 'Animator' once you finish the course
3. Developing your creative and drawing skills

Archer Outcomes Focus: Creative : you will create your own cartoon

Resilient : you will need to persevere, there is a lot of work to be done.

Golden Arrow: Show excellent creativity and dedication

You will need: Pencil

Archer Acapella

Tutor Miss Jones

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: *Do you enjoy singing? Would you like to learn how to sing in parts? Do you love music? Would you like the opportunity to perform?*

Each week we will be putting together an acapella singing performance for the Christmas Concert; this means you will need to work hard and show discipline, energy and enthusiasm!

Miss Jones will be expecting you to contribute and share your musical ideas.

Skills you will develop:

- Developing your confidence when singing in a group
- Improving your understanding of pitch, reading music, texture and how parts work together
- Working collaboratively towards a common goal (performing)

Top 3 things about this enrichment:

1. Creating acapella arrangements of favourite songs
2. Singing with friends
3. Developing performance skills

Archer Outcomes Focus: Creative

Collaborative

Golden Arrow: Making the most progress in terms of confidence when performing

You will need: A pen and paper and a bottle of water.

Muay Thai Kick Boxing

Lead Provider Name	Coach Shabs & Coach Ibby
Year	7 & 8
Maximum Numbers:	20
What you will be doing:	<p><i>Do you want to get fit, learn a Martial Art and learn self-defence?</i></p> <p>The martial art of Muay Thai kickboxing is known as “The art of eight limbs”; which utilises kicks, punches, knees and elbows.</p> <p>Our sessions will mostly consist of partner work with one partner holding pads and the other one hitting the pads using combinations that will be demonstrated by the instructors. For more advanced students; some controlled sparring (no strikes to the head) will take place so that you can learn to use the skills you’ve acquired in a safe environment – with the focus being on technique, not power.</p>
Skills you will develop:	<p>The classes are high intensity cardio so your fitness will improve greatly as well as building and toning muscle. Also, you’ll be learning a powerful martial art that can be used for self-defence and is a great way to build confidence.</p> <p>There is a route to grading (belts) and competition for those who are particularly adept at the sport.</p>
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. You get to hit things! A great way to relieve study, exam and life stress2. You’re learning a martial art which can be used to defend yourself3. It’s a great way to build self-confidence.
Archer Outcomes Focus:	Collaborative Resilient
Golden Arrow:	Awarded to the most accomplished student who’s made the biggest improvement since starting.
You will need:	PE kit and a bottle of water

Football Kit Design

Tutor Mr Menzies

Year 7 & 8

Maximum Numbers: 25

What you will be doing: We will be exploring the history of football kits and then designing our own, using our own contemporary ideas as well as borrowing from the past.

Skills you will develop: Design and a historical knowledge of football.

Top 3 things about this enrichment:

1. It's all about football
2. It's all about drawing and colouring in.
3. It's got really cool history as well.

Archer Outcomes: Creative
Analytical

Golden Arrow: Full participation and a clear personal development.

You will need: An eye for a great design.

Wise-Up!

Tutor Mr Wick

Year 7 & 8

Maximum Numbers: 15

What you will be doing: WiseUp! Will be a safe and respectful space where students are given a forum to engage with current situations and concepts which teenagers will face. This course will aid students to be informed with these issues, in order to make sensible choices with responsible intentions.

We will be discussing a number of meaningful topics such as: sex and relationship education, sexuality, gender identity, impact of pornography, sexting, body image, alcohol, cigarettes, drugs & addiction, peer pressure, bullying and more.

Skills you will develop:

- Participating in discussions.
- Expressing your views.
- Analysis of situations.
- Thinking 'outside the box'.
- Debating skills.
- Open-mindedness.

Top 3 things about this enrichment:

1. Thinking about other ways of life
2. Open discussion with respect
3. Ability to speak openly about personal feelings

Archer Outcomes Resilience

Focus: Collaboration

Golden Arrow: Being open to suggestion of others' opinion. Respect. Appropriate discussion

You will need: Your fiery discussion
A small notepad and pen

Football

Tutor Mr Barrow

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: You will take part in a number of drills to improve your technique and skill. There will be matches on a weekly basis which will form part of a league. Teams will be the same each week to encourage team work and compatibility.

Skills you will develop:

- Passing
- Shooting
- Dribbling
- Defending

Attacking and defensive shape and structure

Top 3 things about this enrichment:

1. You will have a chance to develop your competitive edge through playing in games
2. A fun way of improving your fitness levels and improving your overall health
3. Extend your knowledge of football.

Archer Outcomes Focus: Resilient
Collaborative

Golden Arrow: The student who shows they work hard and are a good team player.

You will need: Your PE kit and a bottle of water

Modern Ballet

Tutor Saifir Elliott-Goddard

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: *Contemporary ballet is a genre of dance that incorporates elements of classical ballet and modern dance. It employs classical ballet technique and, in many cases, classical pointe technique as well, but allows greater range of movement of the upper body and is not constrained to the rigorously defined body lines and forms found in traditional, classical ballet.*

This course will explore various contemporary ballet styles. You will study release and lyrical technique and build on your expressive and physical dance skills. This course will aim to refine your ability as a dancer and develop your technique in the genre.

Skills you will develop: Contemporary ballet technique

Top 3 things about this enrichment:

1. Contemporary Dance technique
2. Performance skills
3. Dance performance opportunities

Archer Outcomes Focus: Collaborative
Creative

Golden Arrow: The student leads others in performance refinement tasks and explore movement taking risks.

You will need: Water bottle and CP kit

Song Writing

Tutor Ryan O'Riordan

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: *Ed Sheehan, James Bay, Ellie Goulding, Adele: the UK's charts are bursting with talented songwriters! If you are talented with rhymes and have something you want to tell the world then definitely come to Song Writing and put your skills to the test!*

Skills you will develop:

- Making a songs structure and using chords
- Developing your own musical style and voice
- Writing lyrics with strong images and message
- Playing instruments while singing and other performing techniques.

Top 3 things about this enrichment:

1. Lets you have your say and puts you in charge
2. Gives you an inside look at the music industry
3. Great opportunities to collaborate on something original

Archer Outcomes Creative

Focus: Collaborative

Golden Arrow: Going above and beyond during your song g writing process.

You will need: Notepad and pen

Any previous songs you have written

Attenborough Appreciation

Tutor Ms Keen

Year 7 & 8

Maximum Numbers: 15

What you will be doing/course outcomes: Exploring our planet for more than 60 years, Sir David Attenborough has been making some of the most memorable natural history programming ever screened.

During that time he has embarked on quests to show every facet of life on this planet – from the plant kingdom which sustains all animal life, to the creatures that call the frozen polar wastes and the depths of the deep blue oceans home.

In this enrichment we will explore some of the most popular moments in Sir David's epic career, including a dive with some friendly manatees, an encounter with a very territorial male elephant seal and even try to surprise a very laid-back sloth.

Skills you will develop:

- An understanding of the world around you
- Developing ideas about nature and our impact on it.

Top 3 things about this enrichment:

1. Attenborough on the big(ish) screen
2. Chance to develop ideas about nature
3. Travel the world from the comfort of your seat

Archer Outcomes Focus: Reflective
Analytical

Golden Arrow: Awarded to the person who demonstrates thoughtful contributions and shows a keen interest in nature.

You will need: A love of all things nature.

Junior Archer Players

Tutor	Mr Carter
Year	7 & 8
Maximum Numbers:	20
What you will be doing:	We will be preparing a short drama in preparation for the summer showcase. If you love to perform in front of an audience and are focused and hardworking this is the enrichment for you.
Skills you will develop:	<ul style="list-style-type: none">• Performance skills• Focus and commitment• A passion for drama
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. You will perform in the Summer Showcase2. You will learn new dramatic techniques3. You will have fun
Archer Outcomes:	Creative Collaborative
Golden Arrow:	To earn the Golden Arrow you must strive to put 110% into each and every rehearsal, rehearsing outside of the enrichment and showing real commitment.
You will need:	CP Kit, focus and a love of performing in front of large audiences.

Contemporary Dance

Tutor Felix Denton

Year 7 & 8

Maximum Numbers: 14

What you will be doing/course outcomes: Contemporary release technique and the craft of improvisation. This course will aim to refine your performance skills in dance and develop your ability to become a choreographer.

Skills you will develop:

- Contemporary Dance technique
- Performance skills
- Craft of choreography

Top 3 things about this enrichment:

1. Team work
2. Dance performance opportunities
3. Confidence in choreography

Archer Outcomes Focus: Creative
Collaboration

Golden Arrow: Students lead others in choreographic tasks and explore movement taking risks.

You will need: CP dance kit and a water bottle

Creative Writing

Tutor	Mr Menzies
Year	7 & 8
Maximum Numbers:	30
What you will be doing/course outcomes:	We will be reading works of Flash Fiction and then writing and sharing our own.
Skills you will develop:	<ul style="list-style-type: none">• Creative/Non-fiction writing• Manipulating language to write concisely and effectively.• Editing
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Our imaginations know no bounds; this enrichment seeks to prove that.2. Awkwardness is a virtue – it makes for the most wonderful writing3. We get to truly be ourselves...
Archer Outcomes Focus:	Creative Articulate
Golden Arrow:	This will be awarded to students who have utilised all the gained skills and compiled and published a body of work.
You will need:	A pen and a notepad.

Henna Artistry

Tutor Ms Khan

Year 7 & 8

Maximum Numbers: 18

What you will be doing/course outcomes: We will be looking at techniques to learn henna artistry.

This course will enable students to explore their artistic skills by practicing standard henna designs along with their own designs.

Be able to discuss the events taking place in our world today.

Skills you will develop:

- Working resiliently to keep motivated to learn how to apply henna.
- Working collaboratively to help peers learn henna.

Top 3 things about this enrichment:

1. Develop your henna skills
2. Create your own henna designs
3. Work collaboratively to learn how to do henna.

Archer Outcomes Focus:

Articulate

Collaborative

Resilience

Golden Arrow: Evolving your skills which are documented evidence through the designs you learn and how to make them neater.

You will need: Pens to practice some designs

Boys Netball

Tutor	Mr Clarke
Year	7 & 8
Maximum Numbers:	28
What you will be doing/course outcomes:	<p>You will take part in a number of drills to improve you technique and skill.</p> <p>There will be matches on a weekly basis which will form part of a league. Teams will be the same each week to encourage team work and compatibility.</p>
Skills you will develop:	<ul style="list-style-type: none">• Passing• Shooting• Marking• Defending• Spatial awareness
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. You will have a chance to develop your competitive edge through playing in games2. A fun way of improving your fitness levels and improving your overall health3. Extend your knowledge of netball.
Archer Outcomes Focus:	Resilient Collaborative
Golden Arrow:	The student who shows they work hard and is a good team player.
You will need:	Your PE kit and a bottle of water

Manga

Tutor Sally-Anne Hickman

Year 7 & 8

Maximum Numbers: 25

What you will be doing: Would you like to create your own manga characters and learn how to draw your favourite ones? Do you like drawing and want to develop new and exciting skills?

Learn how to draw and letter your own manga comic strips with the possibility of developing your ideas into a whole comic! Starting with basic pencil techniques and step by step character designing, this course will guide you in how to make your own manga style comics.

The course will be focused on:

- Learning traditional Japanese Manga Artistic techniques
- Developing knowledge of Manga storytelling
- Producing your own Manga style comic strip
- You will be able to suggest themes for upcoming sessions in order to help develop your own artistic goals.

Skills you will develop:

- Drawing, inking, character design.
- Page and panel layouts. Storytelling and plot development.
- Analysing and discussing current manga storylines and visual techniques.

Top 3 things about this enrichment:

1. Making your own manga comics and characters.
2. Learning new artistic skills and techniques.
3. Creating your own comic to share with your friends.

Archer Outcomes Focus: Creative: you need to actively use your artistic imagination.

Resilient: you need to maintain a positive attitude throughout your journey.

Golden Arrow: To be awarded to the student who can create their own manga character in a comic strip that is unique and not covered in any of the lessons.

You will need: A pencil, a rubber, a pencil sharpener, a black ink pen and your imagination!

Comic Strip Creation

Tutor Ms Walsh

Year 7 & 8

Maximum Numbers: 25

What you will be doing: Would you like to discover how to create your own comic strips and amazing characters? In this enrichment we will learn how to draw your favourite cartoon characters and superheroes and put them into stories you write!

Week by week we will:

- Develop your artistic skills using pencils and inks
- Study how to draw different cartoon characters
- Produce comic strips using existing characters

You will be able to suggest themes for upcoming sessions in order to help develop your own artistic goals.

Skills you will develop:

- Learn how to design characters and invent plots.
- Write and draw your own comics.
- Understand different tools and techniques for drawing and inking.

Top 3 things about this enrichment:

1. Learn new artistic techniques.
2. Invent your own cartoon world and characters.
3. Have your comic in display in the school library to show your friends.

Archer Outcomes Focus: Articulate: transform thoughts and ideas into original artistic content.
Reflective: positive attitude towards adapting initial ideas into a finished product.

Golden Arrow: To be awarded to the student who can create their own wacky character comic strip that is unique and not covered in any of the enrichment lessons.

You will need: Pencil, rubber, pencil sharpener, black ink pen and your imagination!

Street Dance

Tutor	Saracens
Year	10
Maximum Numbers:	25 per group.
What you will be doing:	Commercial Street Dance
Skills you will develop:	<ul style="list-style-type: none">• Students will understand and learn technique for the relevant dance style.• Physical fitness levels and flexibility will be enhanced throughout the warm up exercises.• As students enjoy exploring our stylised choreography, they will enhance their confidence and co-ordination skills as well as learning to work as a supportive team of individuals.• Students will be taught the importance of. Presentation and performance qualities.
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Dance is a physical activity and requires artistic flair from students.2. We are offering three different dance genres; students will choose the one which appeals mostly to them.3. We require students to explore performing dance in a supportive, encouraging environment.
Archer Outcomes Focus:	Creative Collaborative
Golden Arrow:	Being open to new ideas from our teacher/choreographers. Showing support to fellow class mates. Bringing your own artistic flair to the choreography.
You will need:	Comfortable clothes to dance in with trainers or bare feet. Bring bottled water.

LAMDA

Tutor Lisa Rose

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: Throughout the term you will be looking at self-expression, working as a team and as an individual, tongue twisters and sight reading, memory games and discussions.

You should look forward to growing in confidence and self-development. Communication skills and comprehension of language should also improve. Classes are run in a fun relaxed workshop style with lots of drama games, and look at all sorts of literature, be it prose, poetry or scripts.

You will prepare for a series of exams which are rooted in encouraging participants to develop a love of literature, poetry and drama and communication through the spoken word.

You will prepare for the LAMDA grade exams and aim to take at least one grade exam in the academic year. LAMDA grades secure you with UCAS points for future University applications.

Skills you will develop: Public speaking

Memory and script preparation

Confidence

Top 3 things about this enrichment: 1. Becoming a confident public speaker who can command an audience

2. Learn and explore a range of poems, plays and pieces of literature.

3. Work with other Archer students

Archer Outcomes Focus: Creative

Reflective

Golden Arrow: The person who builds on their confidence throughout the course

You will need: Notebook, pen, highlighters

Card Club

Tutor Mrs Ahmed

Year 7 & 8

Maximum Numbers: 15

What you will be doing/course outcomes: Come and learn a variety of different card games and have the opportunity to get your name at the top of the leader board.

Skills you will develop:

- Logical thinking and strategy
- Concentration and patience
- Memory skills

Top 3 things about this enrichment:

1. Competition
2. Strategy
3. Teamwork

Archer Outcomes Focus: Resilience
Collaborative

Golden Arrow: Winning the most card game competitions

You will need: A deck of cards

Archer Journalists

Tutor Ms Walker

Year 7 & 8

Maximum Numbers: 10

What you will be doing/course outcomes: “I do not agree with what you have to say, but I’ll defend to the death your right to say it.”
— Voltaire

The Archer Academy is hoping to start its own newspaper, and we need resilient, determined, imaginative students to become our investigative journalists! Working closely with the English department and the student leadership team, The Archer Journalists will work on their own articles that will be planned, researched, edited and published in our first official Archer Newspaper.

Skills you will develop:

- Creativity: you will be picking a subject of your own choice to write a newspaper article.
- Resilience: you will be working on your article meticulously across your enrichment sessions; making sure your article is perfect enough to go to print!
- Analytical: you will need to investigate your subject deeply. This may mean interview and research.

Collaborative: you will be working with others to help each other

Top 3 things about this enrichment:

1. If you work hard, your work will be published
2. You will have a platform to speak and share your opinions
3. Create something you will be proud of.

Archer Outcomes Focus: Articulate, Resilient, Collaborative

Golden Arrow: Showing outstanding resilience and creativity in their newspaper articles.

You will need: Determination and a relentless approach to learning new ideas.

Catan

Tutor	Ms Vandervelde
Year	7 & 8
Maximum Numbers:	16
What you will be doing/course outcomes:	<p>Playing the strategic board game 'Settlers of Catan'</p> <p>This course is for people familiar with the game as well as those who want to learn it from scratch.</p> <p>Have fun...whilst improving your ability to strategise!</p>
Skills you will develop:	<ul style="list-style-type: none">• Ability to plan ahead but also to change strategies when needed• Concentration and resilience – you won't always win....
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. It is relaxing2. It is competitive in a fun way3. There might be biscuits
Archer Outcomes Focus:	<p>Analytical</p> <p>Resilience</p>
Golden Arrow:	Improving your Catan skills and in doing so develop good relationships with your peers and developing your focus.
You will need:	Nothing – the board game and biscuits will be provided.

Fencing

Tutor Ms. Louisiade

Year 7 & 8

Maximum Numbers: 10

What you will be doing: In this enrichment, we will learn the basic of fencing with a foil. We learn how to step, attack and defense. We will also learn to referee a fencing match.

We will organize a small competition at the end – who will be our Archer Fencing Champion?!

Skills you will develop:

- Physical coordination
- Attack, defense (parades), counter-attack
- Confidence
- Team work
- Mutual respect
- Learn to be a referee

Top 3 things about this enrichment:

1. You will discover a new individual sport
2. A fun way of improving your fitness levels and improving your overall health
3. Be like one of your heroes!

Archer Outcomes Resilient

Focus: Collaborative

Golden Arrow: Awarded to the student who shows the strongest overall progress and respect for his opponents and team-mates

You will need: PE kit and a thick jumper

Rock climbing

Tutor Miss Ainscough

Year 7&8

Maximum Numbers: 18

What you will be doing: We will be using the indoor climbing wall to develop climbing technique, learn how to use ropes, harnesses & belays, and how to abseil down. You can do this enrichment no matter what prior climbing experience or fitness level you have. Come and find a new fun way to stay healthy and have a go at being spider man! This is an exciting hobby that can lead onto climbing outside.

Skills you will develop: Climbing technique, use of climbing equipment

Top 3 things about this enrichment:

1. Increased fitness
2. Increased strength
3. Being able to challenge yourself

Archer Outcomes Resilient

Focus: Collaborative

Golden Arrow: Discover a super fun new hobby!

You will need: Learn how to use climbing equipment, ropes and belays

Game Coding for Non-Zombies

Tutor Dr Butterworth

Year 7 & 8

Maximum Numbers: 15

What you will be doing: What's the best computer game you like to play?
Does it have dragons that you have to slay?
Does it have monsters or hamsters or gangsters?
All these games sound loads of fun,
But they're not the best games when all said and done.
The best game, believe me it's true,
Is a game that's brand spanking new,
It's a game that's going to be coded by YOU!

Skills you will develop: Learn how to code your very own game in Python. You will be shown lots of example games, which you can then develop in your own way. At the end of 8 weeks you should be able to code your very own platform game.

- Coding in Python
- Understanding and using professional programming concepts like 'object orientation' and 'structured programming'
- Understanding how to create realistic 2D game movement and interaction

Top 3 things about this enrichment:

1. You will learn how to use your computer to do something creative and constructive, not just watch YouTube videos!
2. You will be taught how to code PROPERLY, so that if you want to go on and develop much more complex games, or do other coding, you will be able to.
3. Given half a chance Dr Butterworth will play the banjo during one of the sessions, but this can't be guaranteed.

Golden Arrow: Being able to create a better game than the ones you'll be given as examples.

You will need: Only yourself and some confidence.

Jazz Dance

Tutor Mrs Howes

Year 7 & 8

Maximum Numbers: 20

What you will be doing/course outcomes: Class is divided into two sections.

First we start with 'Warm-up and technique' involving a series of fun exercises and movement phrases with some partner work, designed to enjoy moving to popular music but also to improve strength, coordination, alignment, flexibility and musicality.

The second half of class embraces creativity and physical expression, learning to interpret the music through 'Dance'. Pupils may perform individually, in groups or as a whole class. Modern Jazz draws on other dance styles plus may include some floor work and a student's ability to include minor acrobatics moves if they wish.

Skills you will develop:

- Develop personal confidence to perform individually and in groups
- Exercise quick thinking and decision making.
- Understanding good physical fitness and a careful warm-up programme
- The ability to follow instructions and work as part of a group whilst also building confidence to work as team leader

Top 3 things about this enrichment:

1. Learning new dance ideas and moves to ultimately develop your own sequences and choreography to music of your choice
2. Gain enough confidence to lead a class warm-up
3. Understand a basic knowledge of the dance language familiar to all dance styles with some reference to stage direction

Archer Outcomes: Creative

Collaborative

Archer Arrow: Hard work, discipline and enthusiasm

Golden Arrow: Always aiming to work above and beyond

You will need:

- Archer Academy CP kit or regular dance wear.
- Bottle of water