



Year 9

ENRICHMENT PROGRAMME

Block One

October 2019 – January 2020



Welcome to Block One of your Enrichment Curriculum!

At the Archer Academy we think that life outside of the classroom is really important in developing your lifelong love of learning. We want you to have a wide range of opportunities to try new things, develop existing talents and have some fun!

As you know, Enrichment is split into two blocks, with each being **9 weeks** long.

Block One: w/c Monday 28th October

Enrichment Block 1: 9 sessions for both Tuesday and Thursday

- **Tuesday sessions:** 29-Oct, 05-Nov, 12-Nov, 19-Nov, 26-Nov, 03-Dec, 10-Dec, 07-Jan, 14-Jan
- **Thursday sessions:** 31-Oct, 07-Nov, 14-Nov, 21-Nov, 28-Nov, 05-Dec, 12-Dec, 09-Jan, 16-Jan

This guide explains what is on offer for Block One.

How does Enrichment work?

Enrichment happens every Tuesday and Thursday as part of our extended day. Your lessons will finish at 2:30pm and you will then have a 15-minute break before registration. After registration you will start your enrichment. We encourage you to bring a drink and a snack on a Tuesday and a Thursday to have during your break. In your break you should get changed if you need to and go outside for some fresh air. After registration you need to go directly to your Enrichment classroom or meeting point ready for a **3:05pm start**.

Some courses are held at venues outside of school; so make sure you know where you need to meet your course leader and be prompt to arrive.

Enrichment times

Tuesday: 3:05pm to 4:05pm

Thursday 3:05pm to 4:05pm

How do I make my choices?

You need to make a "Tuesday" choice and a "Thursday" choice for this Block. To help you to do this you will be shown a 'virtual fair' which will include videos with information about each Enrichment. This should hopefully enhance what you learn from the information in this booklet and will allow you to see the leaders of the different courses and find out more about what they are offering.

The virtual fairs will take place during registration time on **8th and 10th October**. You will also make these choices during this time. Before this date you should read this booklet carefully as it gives you an overview of the different courses available to you this Block. It is also a good idea to show this booklet to your parents and discuss what grabs your attention with them. This will help you make fully informed decisions for your **top five** choices on the day.

Once you have made your choices you need to complete a "Choice Form" very carefully. At the end of the virtual fair you will need to complete one form for your Tuesday choice and a different one for

your Thursday choice and hand them in to your form tutor. Remember to choose carefully, as there will be **no changing Enrichments**.

The Archer Outcomes

The Archer Outcomes play a key role in measuring success at The Archer. This is also the case for Enrichment. Each Enrichment will focus on two of the Archer Outcomes:

- Analytical
- Articulate
- Collaborative
- Creative
- Reflective
- Resilient



Articulate



Reflective



Creative



Resilient



Collaborative



Analytical

In order for you to work on a range of skills and make the most of Enrichment, we encourage students' choices to reflect a variety of the Archer Outcomes. Just like your normal lessons, Enrichment providers may reward you with a merit if you make a special effort in working towards the specific Archer Outcomes.

How will I be assessed in Enrichment?

It is important to recognise the progress and achievements gained from these sessions. For Enrichment you will be assessed in two formats:

Report Cycle Two:

On your third report of this academic year there will be a section showing your progress in both of your Enrichment sessions. This will be based on two elements:

Pastoral: You will be given a grade for behaviour and effort

Archer Outcomes progress: You will be given a grade based on the two Archer Outcomes of the course.

Archer Golden Arrows:

The 'Archer Golden Arrow' is an award given by each Enrichment teacher to the one student who has made the most progress during the course of that Enrichment. Look out for what the description says you need to do in order to impress your teachers!

TUESDAY CHOICES

The information below outlines the courses you can choose from on a Tuesday. Have a good read. It is all very exciting!

Studio Engineering

Tutor Miss Jones

Year 9

Maximum Numbers: 10

What you will be doing/course outcomes: *Do you enjoy music technology? Would you like how to use the recording studio? Do you love music? Would you like an opportunity to record yourself or a friend?*

Each week we will be learning the skills to record live sound. You will learn to place microphones, capture sound, edit the sound, postproduction and master your tracks for release.

Miss Jones will be expecting you to come with lots of ideas, the content isn't the focus here but learning the skills to capture it. Bring your instruments, podcast scripts, poetry or spoken word ready to record.

Skills you will develop:

- Developing technical knowledge of the recording process
- Understanding how the studio works in different situations
- Developing a critical ear to analyse the quality of your recordings

Top 3 things about this enrichment:

1. Learning great new skills – moving in time with the real world!
2. Being a whizz with all the hardware and software.
3. Leaving with a tangible outcome – whether it is a work in progress or finished product.

Archer Outcomes Focus: Creative
Analytical

Golden Arrow: Producing an excellent quality recording

You will need: You need to do some preparation for this enrichment. What you record doesn't matter – it can be meaningful or just for fun, but you need to bring SOMETHING with you. An instrument if you would like to play a piece, a poem to read, a person to interview or a friend to debate with for a segment in a radio programme or podcast. It doesn't matter what it is, but you need to have something to record as this will not be provided.

Senior Archer Players

Tutor Ms. Rodford

Year 9

Maximum Numbers: 20

What you will be doing: We will be preparing a modern-day version of a play to be confirmed. If you love to perform in front of an audience and are focused and hardworking this is the enrichment for you.

Skills you will develop:

- Performance skills
- Focus and commitment
- A passion for drama

Top 3 things about this enrichment:

1. You will perform your piece to others
2. You will learn new dramatic techniques
3. You will have fun

Archer Outcomes Creative

Focus: Collaborative

Golden Arrow: To earn the Golden Arrow, you must strive to put 110% into each and every rehearsal, rehearsing outside of the enrichment and showing real commitment.

You will need: CP Kit, focus and a love of performing in front of large audiences.

Archer Journalists

Tutor Ms Walker

Year 7, 8 and 9

Maximum Numbers: 15

What you will be doing/course outcomes: “I do not agree with what you have to say, but I’ll defend to the death your right to say it.”
— Voltaire

The Archer Academy is hoping to start its own newspaper, and we need resilient, determined, imaginative students to become our investigative journalists! Working closely with the English department and the student leadership team, The Archer Journalists will work on their own articles that will be planned, researched, edited and published in our first official Archer Newspaper.

Skills you will develop:

- Creativity: you will be picking a subject of your own choice to write a newspaper article.
- Resilience: you will be working on your article meticulously across your enrichment sessions; making sure your article is perfect enough to go to print!
- Analytical: you will need to investigate your subject deeply. This may mean interview and research.
- Collaborative: you will be working with others to help each other

Top 3 things about this enrichment:

1. If you work hard, your work will be published
2. You will have a platform to speak and share your opinions
3. Creating something you will be proud of

Archer Outcomes Focus: Articulate, Resilient, Collaborative

Golden Arrow: Showing outstanding resilience and creativity in their newspaper articles.

You will need: Determination and a relentless approach to learning new ideas.

Rock climbing

Tutor Miss Ainscough

Year 9

Maximum Numbers: 18

What you will be doing: We will be using the indoor climbing wall to develop climbing technique, learn how to use ropes, harnesses & belays, and how to abseil down. You can do this enrichment no matter what prior climbing experience or fitness level you have. Come and find a new fun way to stay healthy and have a go at being spider man! This is an exciting hobby that can lead onto climbing outside.

Skills you will develop: Climbing technique, use of climbing equipment Learn how to use climbing equipment, ropes and belays

Top 3 things about this enrichment:

1. Increased fitness
2. Increased strength
3. Being able to challenge yourself

Archer Outcomes Resilient

Focus: Collaborative

Golden Arrow: The student who shows the most resilience

You will need: PE kit

Taekwondo

Tutor Mr Chris Jones, 3rd degree Black Belt Instructor

Year 9

Maximum Numbers: 15

What you will be doing: Learning the martial art Taekwon-do. The class will follow many of the protocols of traditional Taekwon-do training but also will be adapted to suit a class full of beginners.

As class usual begins with a warm-up and fitness related games, also stretching.

As Taekwon-do uses kicks, punches and strikes to defend oneself, you will do 'pad work' with protective 'kick shields' to learn a basic repertoire of techniques.

You will be shown traditional Taekwon-do 'line work' and some pattern work – prearranged moves against imaginary opponents.

Finally we will discuss and learn some self-defence strategies.

Skills you will develop:

- A repertoire of kicks, punches, strikes and blocks
- Coordination of the body, reflexes, fitness and strength, mental focus
- Self-defence-awareness, protecting yourself from attack and being best placed to counter attack

Top 3 things about this enrichment:

1. Fun new approach to exercise and training – fitness will help for other sports.
2. Pad work and sparring skills – always fun to try!
3. Taekwondo is a mental discipline – it will make you want to work harder in all areas of your life

Archer Outcomes: Collaborative

Resilient

Golden Arrow: Student who shows the most discipline towards training and gained the most.

You will need: PE kit and a bottle of water

West End Dance

Tutor The London Ballet Academy

Year 9

Maximum Numbers: 25

What you will be doing: West End Dance

Skills you will develop:

- Students will understand and learn technique for the relevant dance style.
- Physical fitness levels and flexibility will be enhanced throughout the warm up exercises.
- As students enjoy exploring our stylised choreography, they will enhance their confidence and co-ordination skills as well as learning to work as a supportive team of individuals.
- Students will be taught the importance of presentation and performance qualities.

Top 3 things about this enrichment:

1. Dance is a physical activity, and requires artistic flair from students.
2. We are offering three different dance genres, students will choose the one which appeals to them most.
3. We require students to explore performing dance in a supportive, encouraging environment.

Archer Outcomes Focus:

Creative
Collaborative

Golden Arrow:

Being open to new ideas from our teacher/choreographers. Showing support to fellow classmates. Bringing your own artistic flair to the choreography.

You will need:

Comfortable clothes to dance in with trainers or bare feet. Bring bottled water.

First Aid

Tutor Mrs Wildman

Year 9

Maximum Numbers: 30

What you will be doing/course outcomes: *Would you like to learn how to help someone in a medical emergency? 80% of first aid is administered to friends and family. This course provides you with the knowledge and practical experience of first aid.*

Skills you will develop:

- Preparing for a first aid emergency
- Basic Life Support (CPR, Recovery Position, Choking)
- Bleeds and bandages
- Breathing issues (anaphylaxis, asthma and drowning)
- Circulatory issues (head injuries, seizures, poisons and burns)

Top 3 things about this enrichment:

1. Learn what is first aid
2. How to administer first aid
3. Knowing how and when to call for additional help

Archer Outcomes Analytical

Focus: Collaborative

Golden Arrow: Passing the final practical assessment with flying colours.

You will need: Pen and Paper

Yoga

Tutor Maxine Levy

Year 9

Maximum Numbers: 15

What you will be doing/course outcomes: Do you like the idea of finding a new way of staying healthy and fit? Yoga is a fun non - competitive movement based activity and might be just the thing for you!

The word Yoga means 'balance'. Body, focus and breath all work together. It is a brilliant tool for keeping your body in good shape. As well as developing simple strategies to cope with life's little stresses.

Skills you will develop: Developing great balance, stability, flexibility and posture. Exploring what you can do with your body – safely. Improving concentration and focus (great for exams!) Learning simple techniques to feel calm and relaxed

Top 3 things about this enrichment:

1. Keeping healthy strong and fit.
2. Developing strategies to unwind and release tension.
3. Leaving feeling more coordinated – and also confident to try other sports

Archer Outcomes Focus: Creative
Collaborative

Golden Arrow: Importance of using simple techniques to de-stress at home. A capacity to access a space of “quiet” within themselves during the session.

You will need: Dance kit. A bottle of water

Sustainable Fashion

Tutor	Supplied by The Art Insider Ltd Tutor - Rosie Scott-Bennett
Year	9
Maximum Numbers:	16
What you will be doing:	<p>From The Tip To The Cat Walk – a must do for all Fashion Junkies and the environmentally conscious, let us show you week by week how to transform by-products, waste materials, useless, or unwanted products into new materials and wearable art. Let's turn the throw-away into the must have. Materials such as crisp packets, plastic bags, netting, rope and many more will be used.</p> <p>This Is The New Wave Of Sustainable Fashion – we will highlight the importance of recycling and how much more necessary and on trend this movement is becoming due to the current climate. We will introduce you to techniques used by different artists/designers so you can experiment with materials to make your very own fashion product.</p> <p>We will be expecting you to contribute and share your ideas with the class.</p>
Skills you will develop:	<ul style="list-style-type: none">• Developing your art and design skills, experience with alternative use of materials and fashion techniques• Creative thinking and problem solving• Understanding recycling
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Turning the throw-away into the must have2. Learning new techniques that help the environment and that also work well for industry as we take items from the tip to the catwalk.3. Developing ideas, creativity and alternative ways of working with recyclable materials
Archer Outcomes Focus:	Creative Reflective
Golden Arrow:	Showing outstanding creativity and innovation in final product
You will need:	Yourself!

Squash

Tutor Lucas Cannistraci

Year 9

Maximum Numbers: 12

What you will be doing/course outcomes: Provide squash coaching for players of all levels. Participants will learn how to play squash in a fun, social and competitive way. You will learn the basic shots which include:

- Forehand
- Backhand
- Drops
- Volleys

Skills you will develop: The course is designed provide participants with the skills needed to play squash and matches. It will aim to develop the following skills:

- An awareness of racket and ball skills
- Learn how movement can apply to shots
- Learn rules and develop match play analysis

The sessions will include lots of fitness activities and provide pathways into playing more squash in local clubs.

Top 3 things about this enrichment:

1. You will have lots of fun
2. You will learn a new game and enhance your racket skills
3. It will help to improve your fitness

Archer Outcomes Focus: Resilient
Collaborative

Golden Arrow: The student whose technique improves the most over the period of time

You will need: Clothing suitable for sport and clean indoor trainers. No astros or muddy outdoor shoes. Trainers must be non-marking. If you do not have the right shoes you will not be able to take part.

Filmmaking & Screen Acting

Tutor Mr Sunny Bahia

Year 9

Maximum Numbers: 20

What you will be doing: Want to learn about all aspects of filmmaking? Want to know how to perform in front of the camera? How to shoot and edit?

The filmmaking course will breakdown the various stages from writing a screenplay, casting, finding locations to shooting and editing your film.

Each week we'll learn about the various roles and responsibilities and will build up to making your own short film that we'll screen at the end of the course.

Skills you will develop:

- Teamwork and Communication
- Creative thinking, storytelling techniques and screen acting.
- Technical skills in camera, lighting, sound & editing.

Top 3 things about this enrichment:

1. Making your own film from coming up with a story to shooting and editing it.
2. Pick a role that suits you, from being a director, producer, and camera operator to actor, sound recordist or editor.
3. A chance to collaborate with your fellow students and share your film with friends and family.

Archer Outcomes Focus: Creative

Collaborative

Golden Arrow: The student who is the most hardworking, passionate and collaborative.

You will need: Creativity & enthusiasm.

Japanese Culture

Tutor Nobuko Yamao

Year 7 ,8 & 9

Maximum Numbers: 20

What you will be doing/course outcomes: Do you love Japanese food? Have you ever wondered about the roots of Pokémon? Each week we will be creating some tasty Japanese food to eat and will create cool Japanese crafts to take home.

Skills you will develop:

- Learning to make basic Japanese food
- Improving your dexterity
- Understanding of the Japanese language and culture

Top 3 things about this enrichment:

1. Make your own Japanese food
2. Create cute crafts to take home
3. Learn cool words in Japanese

Archer Outcomes Focus: Creative

Analytical

Golden Arrow: By planning your own recipe from what you have learnt

You will need: Clean hands and a Tupperware box to put your food in

Spoken Word

Tutor	Mr Fuller
Year	9
Maximum Numbers:	10-20
What you will be doing:	You will be learning about the power and versatility of spoken word as an art form. We will be exploring a range of topics from: feminism and racism, discrimination, to your life at school, your favourite music, and even sport, through writing and listening to poetry, your world view will increase. There will also be a group discussion on any other topics you wish to choose.
Skills you will develop:	<ul style="list-style-type: none">• Creative Thinking - We will brainstorm ideas together but you will have to be creative in your preparation and your delivery of your pieces.• Public Speaking – Every week, we will be performing what we have created to each other to enable us to practice this valuable skill.• Constructive Criticism – The ability to work together and improve and develop your work in a mature and sensible manner.
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. A relaxed, nurturing environment to hone your poetic skills.2. Advice from two seasoned poets.3. The chance to perform what you have written in an assembly.
Archer Outcomes Focus:	<p>Articulate – We will be performing our pieces to each other with regularity, so you need to be able to communicate clearly verbally and in written form.</p> <p>Creative – Poetry is an art and we want to see you being as creative as possible with the topics/tasks we are covering.</p>
Golden Arrow:	Embodies the Archer Outcomes in a way that shows development over the enrichment programme.
You will need:	Enthusiasm

Pop Choir

Tutor External

Year 7, 8 & 9

Maximum Numbers: 20

What you will be doing/course outcomes: *Do you enjoy singing? Would you like to learn about singing in harmony? Do you love pop music? Would you like the opportunity to perform?*

Pop Choir lets you sing your favourite songs while you learn about how to strengthen your voice and sing harmonies; this helps you build up your confidence and perform like a pro!

There will also be some room to test your solo skills!

Skills you will develop:

- Developing your Listening Skills
- Understanding how your voice works and singing anatomy
- Get to know other people interested in singing

Top 3 things about this enrichment:

1. You can suggest songs you like!
2. Learn some great warm ups for your voice
3. Develop a better understanding of music

Archer Outcomes Focus:

Resilient

Analytical

Golden Arrow:

Showing dedication and confidence in rehearsals and performance

You will need:

A bottle of water

THURSDAY CHOICES

The information below outlines the courses you can choose from on a Thursday. Have a good read. It is all very exciting!

Archer Acapella

Tutor	Miss Jones
Year	7, 8 & 9
Maximum Numbers:	20
What you will be doing/course outcomes:	<p><i>Do you enjoy singing? Would you like to learn how to sing in parts? Do you love music? Would you like the opportunity to perform?</i></p> <p>Each week we will be putting together an acapella singing performance for the Christmas Concert; this means you will need to work hard and show discipline, energy and enthusiasm!</p> <p>Miss Jones will be expecting you to contribute and share your musical ideas.</p>
Skills you will develop:	<ul style="list-style-type: none">• Developing your confidence when singing in a group• Improving your understanding of pitch, reading music, texture and how parts work together• Working collaboratively towards a common goal (performing)
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Creating acapella arrangements of favourite songs2. Singing with friends3. Developing performance skills
Archer Outcomes Focus:	Creative Collaborative
Golden Arrow:	Making the most progress in terms of confidence when performing
You will need:	A pen and paper and a bottle of water.

Archer Journalists

Tutor Ms Walker

Year 7-9

Maximum Numbers: 10

What you will be doing/course outcomes: “I do not agree with what you have to say, but I’ll defend to the death your right to say it.”
— Voltaire

The Archer Academy is hoping to start its own newspaper, and we need resilient, determined, imaginative students to become our investigative journalists! Working closely with the English department and the student leadership team, The Archer Journalists will work on their own articles that will be planned, researched, edited and published in our first official Archer Newspaper.

Skills you will develop:

- Creativity: you will be picking a subject of your own choice to write a newspaper article.
- Resilience: you will be working on your article meticulously across your enrichment sessions; making sure your article is perfect enough to go to print!
- Analytical: you will need to investigate your subject deeply. This may mean interview and research.

Collaborative: you will be working with others to help each other

Top 3 things about this enrichment:

1. If you work hard, your work will be published
2. You will have a platform to speak and share your opinions
3. Creating something you will be proud of.

Archer Outcomes Focus: Articulate, Resilient, Collaborative

Golden Arrow: Showing outstanding resilience and creativity in their newspaper articles.

You will need: Determination and a relentless approach to learning new ideas.

Duke of Edinburgh Award: Bronze

Tutor	Mr McSherry
Year	9
Maximum Numbers:	30
What you will be doing:	Preparing for the expedition section of the Bronze Duke of Edinburgh Award Teaching / refining skills in camp craft, navigation, health and safety, cooking and much more.
Skills you will develop:	Resilience and independence
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. A nationally recognised qualification can be gained.2. You must do 3 of 4 sections yourself (I will prepare you for your expedition section)3. You need to want to do it, do not choose it because your parents want you to.
Archer Outcomes Focus:	Collaborative Resilient
Golden Arrow:	The Golden Arrow is awarded to ONE student for the student who has progressed the most regardless of starting point.
You will need:	Enthusiasm and willingness to work outside of your comfort zone.

Catan

Tutor	Ms Vandervelde
Year	7-9
Maximum Numbers:	16
What you will be doing/course outcomes:	<p>Playing the strategic board game 'Settlers of Catan'</p> <p>This course is for people familiar with the game as well as those who want to learn it from scratch.</p> <p>Have fun.... whilst improving your ability to strategise!</p>
Skills you will develop:	<ul style="list-style-type: none">• Ability to plan ahead but also to change strategies when needed• Concentration and resilience – you won't always win....
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. It is relaxing2. It is competitive in a fun way3. There might be biscuits
Archer Outcomes Focus:	<p>Analytical</p> <p>Resilience</p>
Golden Arrow:	Improving your Catan skills and in doing so develop good relationships with your peers and developing your focus.
You will need:	Nothing – the board game and biscuits will be provided.

Superior Science

Tutor Mr Wick

Year 7, 8 and 9

Maximum Numbers: 15

What you will be doing: In this brand-new enrichment students will have the opportunity to read the latest articles on the most recent science theories and discoveries.

This enrichment is for those who are interested in the academic nature of science and who are willing to discuss deep and important aspects of science.

We will be using this knowledge to eventually create an article for the newsletter overviewing some brilliant discoveries which interest us the most.

I look forward to superior scientists from all year groups to come forward and show us what you love about this amazing subject

Skills you will develop: Participating in discussions. Expressing your views. Reading for understanding. Fluency in reading out loud. Analysis of situations. Thinking 'outside the box'. Debating skills. Open-mindedness.

Top 3 things about this enrichment:

1. Thinking about scientific discoveries
2. Open discussion with respect
3. Ability to speak openly about personal theories

Archer Outcomes Focus: Resilience, Collaboration

Golden Arrow: Being open to suggestion of others' opinion. Respect. Appropriate discussion

You will need: Your fiery discussion
A small notepad and pen

Football

Tutor Mr Clark

Year 9

Maximum Numbers: 20

What you will be doing/course outcomes: You will take part in a number of drills to improve you technique and skill. There will be matches on a weekly basis which will form part of a league. Teams will be the same each week to encourage team work and compatibility.

Skills you will develop:

- Passing
- Shooting
- Dribbling
- Defending
- Attacking and defensive shape and structure

Top 3 things about this enrichment:

1. You will have a chance to develop your competitive edge through playing in games
2. A fun way of improving your fitness levels and improving your overall health
3. Extend your knowledge of football.

Archer Outcomes Focus: Resilient
Collaborative

Golden Arrow: The student who shows they work hard and are a good team player.

You will need: Your PE kit and a bottle of water

Card Games

Tutor Ms Keen

Year 9

Maximum Numbers: 15

What you will be doing/course outcomes: Come and learn a variety of different card games and have the opportunity to get your name at the top of the leader board.

Skills you will develop:

- Logical thinking and strategy
- Concentration and patience
- Memory skills

Top 3 things about this enrichment:

1. Competition
2. Strategy
3. Teamwork

Archer Outcomes Resilience

Focus: Collaborative

Golden Arrow: Winning the most card game competitions

You will need: A deck of cards

Netball

Tutor Ms Evans

Year 9

Maximum Numbers: 28

What you will be doing/course outcomes: You will take part in a number of drills to improve your technique and skill.

There will be matches on a weekly basis which will form part of a league. Teams will be the same each week to encourage team work and compatibility.

Skills you will develop:

- Passing
- Shooting
- Marking
- Defending
- Spatial Awareness

Top 3 things about this enrichment:

1. You will have a chance to develop your competitive edge through playing in games
2. A fun way of improving your fitness levels and improving your overall health
3. Extend your knowledge of netball.

Archer Outcomes Focus: Resilient
Collaborative

Golden Arrow: The student who shows they work hard and is a good team player.

You will need: Your PE kit and a bottle of water

What's in the News?

Tutor	Ms Severin
Year	9
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>We will be looking at specific topics which are relevant to the world today.</p> <p>This course will enable students to explore a variety of issues amongst topics from science, business and global issues.</p> <p>Be able to discuss the events taking place in our world today.</p>
Skills you will develop:	<ul style="list-style-type: none">• Analysing certain events and how they are portrayed• Debate specific events which impact the world we live in
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. Develop your knowledge on current topics taking place around the world.2. Discuss and debate whether these topics are worth discussing in the world.3. Create your own version of the news.
Archer Outcomes Focus:	Articulate Analytical
Golden Arrow:	The person who improves the most in their debating skills
You will need:	Pens

Muay Thai Kick Boxing

Lead Provider Name	Coach Shabs & Coach Ibby
Year	9
Maximum Numbers:	20
What you will be doing:	<p><i>Do you want to get fit, learn a Martial Art and learn self-defence?</i></p> <p>The martial art of Muay Thai kickboxing is known as “The art of eight limbs”; which utilises kicks, punches, knees and elbows.</p> <p>Our sessions will mostly consist of partner work with one partner holding pads and the other one hitting the pads using combinations that will be demonstrated by the instructors. For more advanced students; some controlled sparring (no strikes to the head) will take place so that you can learn to use the skills you’ve acquired in a safe environment – with the focus being on technique, not power.</p> <p>Not only will you be learning a self-defence martial art; Muay Thai is also a fantastic cardio workout which tones and strengthens almost every muscle in the body – especially the core and abs!</p> <p>We strongly encourage females as well as males to take part, regardless of your current fitness level.</p>
Skills you will develop:	<p>The classes are high intensity cardio so your fitness will improve greatly as well as building and toning muscle. Also, you’ll be learning a powerful martial art that can be used for self-defence and is a great way to build confidence.</p> <p>There is a route to grading (belts) and competition for those who are particularly adept at the sport.</p>
Top 3 things about this enrichment:	<ol style="list-style-type: none">1. You get to hit things! A great way to relieve study, exam and life stress2. You’re learning a martial art which can be used to defend yourself3. It’s a great way to build self-confidence.
Archer Outcomes Focus:	Collaborative Resilient
Golden Arrow:	Awarded to the most accomplished student who’s made the biggest improvement since starting.
You will need:	PE kit and a bottle of water

Drawing Workshop

Tutor Ms Clarke

Year 9

Maximum Numbers: 20

What you will be doing/course outcomes: We will be gaining an intense amount of drawing practice and we will be using a wide variety of techniques and media. We will be raising our 'cultural capital' by looking at a diverse range of contemporary artists and their unique techniques. This course is designed to stretch students and to loosen them up.

Skills you will develop:

- Refined technical control.
- New creative ideas.

Top 3 things about this enrichment:

1. Enjoyable experimentation
2. Improved drawing skills
3. An opportunity to produce some pieces of work that we will be proud to keep.

Archer Outcomes Focus: Creative
Resilient

Golden Arrow: To the student who makes the most progress and shows real analytical engagement.

You will need:to bring an open mind. You CAN draw!

Model United Nations

Tutor Mr Alfie Jenkins

Year 9 & 10

Maximum Numbers: 25

What you will be doing: Model United Nations is an academic simulation of the United Nations where you will play the role of delegates from different countries and attempt to solve real world issues with the policies and perspectives of your assigned country.

Initial debating will take place as a class, however after initial weeks of preparation and introductions to the course there will be opportunities to participate in regional MUN conferences with students from other schools!

During the conference, you will be assigned a country and a committee (from Security Council, Economic and Social Council, Human Rights Council, Ecology and Environment and the World Health Assembly) and must write a resolution to one of the world's major problems before debating, firstly individually within your committees and on the second day as a team with the other delegates from your country in the General Assembly.

Skills you will develop:

- Public speaking
- Research skills
- Formal debating

Top 3 things about this enrichment:

1. Gaining greater knowledge of current global affairs
2. Chance to potentially represent the school in regional events
3. Embrace being a global citizen!

Archer Outcomes Focus: Articulate
Analytical

Golden Arrow: The student that shows the most diplomacy

You will need: An open mind and a folder for your research