

# Lower School Enrichment Summer Term 2017

Year 9

## Welcome to your enrichment programme

At the Archer Academy we think that life outside of the classroom is really important in developing your lifelong love of learning. We want you to have a wide range of opportunities to try new things, develop existing talents and have some fun!

As you know, enrichment changes slightly when you move into Year 9 to ensure that the programme meets your needs as senior students. As you become older it is ever more important for you to have a range of skills and interests to compliment your academic curriculum and prepare you for university and the world of work.

In Year 9 enrichment forms the white block of your curriculum.

What you do in enrichment is your choice. There is so much available for you to do, we don't know how you are going to decide what to do first!

Your Tuesday afternoon programme is more similar to that which you followed in Year 7 and 8 to enable you to keep trying lots of new, different things.

This guide explains what you can do on a Tuesday afternoon. You need to read the information carefully and think about what you would like to do. Remember, make a fresh Tuesday choice each term.

## Enrichment Fair

To help you to make your choices you will attend an Enrichment Fair. At your Enrichment Fair you will be able to meet each of the leaders of the different courses and find out more about what they are offering. Each course leader will have a stall set out in the school.

Before you go to the Enrichment Fair you should read this booklet carefully as it gives you an overview of the different courses available to you this term. It is also a good idea to show this booklet to your parents and discuss what grabs your attention with them. To help you make good use of your time at the fair it is worth deciding what might be your **top five courses** in advance. By making some decisions before the fair, you will know which stalls to head for first.

At each stall the course leaders will have information available to you. You can ask them questions and see if their course is something that you would like to do.

Your form tutor will give you some information, including some strategies in how to make your choices before and after the fair.

Once you have made your choices you need to complete a "Choice Form" very carefully. At the end of the Enrichment Fair you will need to complete a form for your Tuesday choice.

We hope to be able to give every student their first choice but each course has a limited number of places, therefore it is important that you think carefully about what you would like to do if you do not get your first choice. If you don't get your first choice this term you will get priority next term for your Tuesday choice.

## **What should I think about when making my choices?**

Making decisions is always difficult, particularly when you have a lot of choices available to you. As you move up through the Archer Academy you will have more and more opportunities to make choices about what you do. It is very exciting to have choice, but it can also be a little daunting as you might worry that you make the wrong decision.

### **The following strategies might help you:**

- ✓ Read the booklet through carefully and make a list of the things you most like about each course.
- ✓ Discuss the things you like about each course with someone at home.
- ✓ Be brave and make sure you don't rule out anything you have never tried before, or think you might not be very good at (you don't know until you try).
- ✓ Plan some questions you would like to ask the different course leaders at the Enrichment Fair.
- ✓ Identify the five courses that most interest you before the Enrichment Fair so that you do not feel too overwhelmed.
- ✓ Remember your form tutor is there to help, so do ask their advice.

Look carefully at the number of places available for each course, some have small numbers.

**Please note that you are allowed to select an Enrichment you chose last term. However, if the course is oversubscribed other students who have not been lucky enough to take part in that enrichment will be given priority.**

### **Archer Arrow**

This term we are introducing the Archer Golden Arrow. This is an award given by each enrichment teacher to the student who has made the most progress during the course of that enrichment. If you get awarded an arrow, you will get a guaranteed first choice for the next enrichment session in September. Look out for what the description says you need to do and impress your teachers – remember only one student per enrichment gets the golden arrow.

## Tuesday Choices

*The information below outlines the courses you can choose from on a Tuesday. Have a good read. It is all very exciting!*

*Remember you can make a fresh choice each term on a Tuesday.*

### Squash

<b>Programme</b>	Squash – Coaching and Match Play
<b>Tutor</b>	Vickie Prow/Lucas Cannistraci
<b>Year</b>	9
<b>Maximum Numbers:</b>	12
<b>What you will be doing/course outcomes:</b>	Provide squash coaching for players of all levels. Participants will learn how to play squash in a fun, social and competitive way.
<b>Skills you will develop:</b>	<p>The course is designed provide participants with the skills needed to play squash and matches. It will aim to develop the following skills:</p> <ul style="list-style-type: none"> <li>• An awareness of racket and ball skills</li> <li>• Hand eye coordination</li> <li>• Improve technique and shot selection</li> <li>• Learn how movement can apply to shots</li> <li>• Learn rules and develop match play analysis</li> </ul> <p>The sessions will include lots of fitness activities and provide pathways into playing more squash in local clubs.</p>
<b>Top 3 things about this enrichment:</b>	<ol style="list-style-type: none"> <li>1. You will have lots of fun</li> <li>2. You will learn a new game and enhance your racket skills</li> <li>3. It will help to improve your fitness</li> </ol>
<b>How can you get the Golden Arrow?</b>	Our coaches will be monitoring and reviewing participant process throughout the enrichment. The Golden Arrow will be awarded to the student who shows most progress and interest in squash. This will include not only learning new skills and developing their technique but the person who shows a willingness understand the squash rules and applies fair play throughout.
<b>You will need:</b>	Clothing suitable for sport and clean indoor trainers. No astros or muddy outdoor shoes. Trainers must be non marking.

### Stage Combat

<b>Programme</b>	Stage Combat
<b>Tutor</b>	Miss Greenwood
<b>Year</b>	9
<b>Maximum Numbers:</b>	24
<b>What you will be doing/course outcomes:</b>	<p>Learning about the safety and purpose of Stage Combat.</p> <p>Learning weekly moves culminating in a choreographed fight sequence.</p> <p>Performing the fight sequence in the context of a scene (performances recorded) – prize for the best fighters.</p>
<b>Skills you will develop:</b>	<p>Self control</p> <p>Team work</p> <p>Awareness of health and safety</p> <p>Acting skills (Suitable for further study in Drama)</p>
<b>Top 3 things about this enrichment:</b>	<p>Fun</p> <p>Mature</p> <p>Energetic</p>
<b>How can you get the Golden Arrow?</b>	Most improved fighter from the first lesson to the performance.
<b>You will need:</b>	<p>CP Kit</p> <p>Trainers</p> <p>Full bottle of water</p> <p>(Eat a mint and put on deodorant during the enrichment break)</p>

### Philosophy

<b>Programme</b>	Philosophy
<b>Tutor</b>	Mrs Bickers
<b>Year</b>	9
<b>Maximum Numbers:</b>	12
<b>What you will be doing/course outcomes:</b>	<p>Exploring what it means to think philosophically about such issues as evil, freedom and free will. Over the 8 weeks, we would expect to discuss:</p> <ul style="list-style-type: none"> <li>• Does the future exist and, if so, can we know it?</li> <li>• What does it mean to name something? How do we understand identity through naming?</li> </ul>

	<ul style="list-style-type: none"> <li>• What does it mean to be human? Can robots be friends?</li> <li>• Identity and change? How much can I change before I stop being me?</li> <li>• Why should we be good?</li> <li>• What is nothing? Does it exist?</li> </ul> <p>Each session starts with an extract or story which sets out an initial query and, through group discussion and individual contributions, the query is developed into a broader analysis of its conditions, for example, can people be evil or are there only acts of evil? Or, if a robot is modelled exactly like a human, is it human?</p>
<b>Skills you will develop:</b>	Articulation of abstract thoughts, often on topics that don't have immediate answers; the ability to question your own thoughts in light of the contribution of others; turn taking and listening to others.
<b>Top 3 things about this enrichment:</b>	Developing analytical skills that can be transferred to academic and social situations; discussing and arguing with peers in a non-classroom setting; evaluating your own beliefs and thoughts on ethical and social theories.
<b>How can you get the Golden Arrow?</b>	By accessing external materials, such as podcasts and magazine articles, to enhance and develop your contributions; by not being afraid to say 'I don't know what I think' or 'I might have changed my mind'.
<b>You will need:</b>	Your minds.

### Contemporary Dance

<b>Programme</b>	Contemporary Dance
<b>Tutor</b>	Felix Denton
<b>Year</b>	9
<b>Maximum Numbers:</b>	15
<b>What you will be doing/course outcomes:</b>	<p><i>Would you like to take your dancing to the next level? Would you like to work on more advanced technical and performance skills?</i></p> <p>This term year 9 contemporary dance will be putting together a performance piece that will be part of our biggest annual event; the Archer Academy summer showcase!</p> <p>Each week you will learn new repertoire working towards a final full length piece.</p> <p>This enrichment will provide you with an opportunity to stretch and challenge yourself through complex repertoire, technique and choreographic tasks. Every week we will develop and deepen our understanding of contemporary dance and work in groups, to perfect and refine our skills.</p> <p>Felix will be expecting you to contribute and perform to a high technical</p>

	standard. This enrichment will need hard work, dedication and discipline.
<b>Skills you will develop:</b>	Developing your dance performance skills (interpretive / technical) Understanding the importance of kinaesthetic learning. Team work in terms of rehearsing in groups.
<b>Top 3 things about this enrichment:</b>	Exploring dance styles and techniques. Being part of the senior lower school dance company. Performance opportunity in a professional theatre setting.
<b>How can you get the Golden Arrow?</b>	Resilience, discipline and positivity throughout the term!
<b>You will need:</b>	Archer CP kit and a water bottle.

### Archer Allotment

<b>Programme</b>	Archer Allotment
<b>Tutor</b>	Mr Naylor and Guests
<b>Year</b>	7, 8 and 9
<b>Maximum Numbers:</b>	20
<b>What you will be doing/course outcomes:</b>	<p>Are you willing to participate in activities that promote our school community?</p> <p>Does the development of our outdoor areas interest you?</p> <p>Our Stanley Road site is now fully established with all the fantastic facilities being used by students and staff. However certain parts of our outdoor spaces could be made better use of. The Archer Allotment club will be tasked with developing an edible playground and school allotment with guest gardeners. We will complete the following tasks on rotation each week:</p> <ul style="list-style-type: none"> <li>• Potting/planting</li> <li>• Raised bed maintenance and watering</li> <li>• Fencing</li> <li>• Compost management</li> <li>• RHS award submission and weekly photographs</li> <li>• Guest speaker from RHS</li> <li>• Garden suburb allotment visit</li> <li>• Journal presentation</li> </ul>
<b>Skills you will develop:</b>	<ul style="list-style-type: none"> <li>• Peer group discussion and debate</li> <li>• Learning practical skills for life.</li> </ul>
<b>Top 3 things about this enrichment:</b>	<ul style="list-style-type: none"> <li>• Working collaboratively to share ideas</li> <li>• Contributing to the development of our school</li> <li>• Enjoying the sunshine!!</li> </ul>

<b>How can you get the Golden Arrow?</b>	By contributing to all of the following tasks and documenting your efforts in your journal: potting/planting, raised bed maintenance, watering, fencing, compost management, RHS Award submission and weekly photographs.
<b>You will need:</b>	<ul style="list-style-type: none"> <li>• An apron and gloves</li> <li>• A small notepad and pen</li> <li>• Sensible shoes or wellington boots</li> </ul>

### One Night Ultimate Werewolf

<b>Programme</b>	One Night Ultimate Werewolf/Vampire
<b>Tutor</b>	Mr Weintroub
<b>Year</b>	9
<b>Maximum Numbers:</b>	Preferably 12 but can have 15
<b>What you will be doing/course outcomes:</b>	<p>Ultimate werewolf is a fantastic card game based on many characters with unique roles. The werewolves and minion must work together to stay alive and never be caught, while the villagers must work together to find them!</p> <p>Each role in turn “wakes up” (opens their eyes) and performs an action! This could be switching cards, stealing cards, replacing cards or even revealing cards! But will you believe what everyone tells you?</p> <p>There are 3 different game styles. Werewolf/Daybreak and Vampire. Each with completely different cards and new exciting features and each game will be completely different as roles given are completely random!</p>
<b>Skills you will develop:</b>	<ul style="list-style-type: none"> <li>- Confidence in speaking</li> <li>- Persuasive techniques</li> <li>- Logic in understanding what is and isn't possible</li> <li>- The ability to be calm under pressure and think spontaneously</li> </ul>
<b>Top 3 things about this enrichment:</b>	<ul style="list-style-type: none"> <li>- Each game is completely different and the outcomes can always change</li> <li>- Sometimes you are on the villager's team and you find from the way cards have moved you're now on the werewolves' team</li> <li>- Even though you may be best friends with people, you may find you'll now have to go against them!</li> </ul>
<b>How can you get the Golden Arrow?</b>	<ul style="list-style-type: none"> <li>- Develop your skills over this course by understanding the roles, learning the logic and eventually being the ultimate werewolf!</li> </ul>
<b>You will need:</b>	<ul style="list-style-type: none"> <li>- Yourself</li> <li>- Your poker face</li> <li>- The confidence to persuade people</li> </ul>

### Self Defence

<b>Programme</b>	Wing Tsun Kung Fu – Introduction on Self Defence
<b>Tutor</b>	Si-Hing Gabor Spenger, Si-Hing Matthew Cook
<b>Year</b>	9
<b>Maximum Numbers:</b>	25
<b>What you will be doing/course outcomes:</b>	Physical introduction on the martial art Wing Tsun Kung Fu – simple coordination exercises, and self defence exercises – how to defend yourself. Introduction on the philosophy and background of kung fu, why martial arts were created originally, how we can use martial arts in all areas of today's life – how to control our body and through that our emotions.  If you have ever been or worried about being bullied this course is for you!
<b>Skills you will develop:</b>	Better coordination. Self-awareness, Life saving self defence skills, better decision making
<b>Top 3 things about this enrichment:</b>	Intelligence can win over strength - we will show you how!  Gain of confidence in all areas of life  Discipline
<b>How can you get the Golden Arrow?</b>	You will have to be focussed, disciplined and respectful to one another to start with – a combination of physical and theoretical understanding will be key to be awarded with the Golden Arrow – it is not how talented or good you are at the beginning but how much you have improved over the 8 weeks compared to yourself!
<b>You will need:</b>	An interest in martial arts.

### Crossword-Solving

<b>Programme</b>	Crossword-Solving
<b>Tutor</b>	Mrs. Wolfe
<b>Year</b>	9
<b>Maximum Numbers:</b>	10
<b>What you will be doing/course outcomes:</b>	You will be learning how to understand and interpret cryptic clues. You will ultimately tackle and complete cryptic crosswords such as those found in The Times and The Telegraph.
<b>Skills you will develop:</b>	Word-play skills, solving and creating anagrams, increased and advanced vocabulary, general knowledge, improved memory.
<b>Top 3 things about this enrichment:</b>	You will enjoy feeling your brain heat up as you strive to crack the clues.  You will get a sense of achievement.  Crosswords make you more intelligent. Enough said.

<b>How can you get the Golden Arrow?</b>	Solve a crossword in under 30 minutes to win.
<b>You will need:</b>	A sharp pencil. A sharp mind. Good general knowledge. A love of English language. (An anagram dictionary will be provided).

### Rock Climbing

<b>Programme</b>	Indoor top rope climbing course
<b>Tutor</b>	Mr Frankiewicz
<b>Year</b>	9
<b>Maximum Numbers:</b>	9
<b>What you will be doing/course outcomes:</b>	Foundation climber and top rope level course aims in learning basic safety skills and good practise in operating climbing equipment. Working in a team, focusing on body balance, self-esteem, building confidence, patience, sense of achievement and responsibility.
<b>Skills you will develop:</b>	<p>During the course students will learn:</p> <ol style="list-style-type: none"> <li>1. How to be aware of safety rules and hazards</li> <li>2. Put on climbing equipment correctly, tie in to the rope and belay device</li> <li>3. Climb and descent from climbing route correctly and with confidence</li> <li>4. Pre-climb safety check and top rope belaying technique</li> <li>5. Basic climbing techniques and movements and communication</li> </ol>
<b>Top 3 things about this enrichment:</b>	<p>Although climbing is consider a physical activity there are objective aspects that can effectively help developing social, emotional and tactical skills. Climbing concentrates on dealing with height, exposure, stress, unknown, hesitation and can be very rewarding.</p> <p>Although climbing seems to be a very individual sport, the successful climber has to build confidence in others skills and relay on it fully.</p> <p>Climber has to develop high level of self-confidence, take responsibility for others.</p>
<b>How can you get the Golden Arrow?</b>	The student who manages to complete all routes on the wall with the most accuracy along with being confident and learns how to belay correct.
<b>You will need:</b>	POSITIVE attitude, good social skills, good discipline and attention.

## Fencing

<b>Programme</b>	Introduction to fencing
<b>Tutor</b>	Fighting Fit Fencing
<b>Year</b>	9
<b>Maximum Numbers:</b>	20
<b>What you will be doing/course outcomes:</b>	<p>We aim to teach the core skills needed to enjoy and participate in our sport.</p> <ul style="list-style-type: none"> <li>• Safety and good sportsmanship</li> <li>• The stance, on guard position</li> <li>• Footwork, step forward, step backward and lunge</li> <li>• Direct attacks</li> <li>• Defence, how to parry</li> <li>• Combination (compound) attacks</li> <li>• The rules of foil fencing</li> <li>• How to referee</li> <li>• Tactics</li> <li>• Strategy</li> </ul> <p>Classes will include training in movement, blade work and fun warm up games. Each session will always include several bouts with fellow fencers and a fun end of term competition.</p> <p>Fencing is often a sport that appeals to those that have not yet found a sport they can enjoy. Girls and boys compete and train together. All participants will be taught the rules and get to learn to be a referee. Fencings traditional values of fair play, courtesy and respect will be instilled in all participants.</p> <p>The aim of the course is to inspire those that have yet to find a sport to become more active. A pathway to our club in Archway will be offered to all.</p>
<b>Skills you will develop:</b>	Fencing is a physical sport but it is also a mental game, it is often known as “a game of chess, with a sword!” All of the key physical skills, power, speed, balance coordination, etc. will be taught, alongside concentration, control, tactical thinking, as well as courtesy, respect and team work.
<b>Top 3 things about this enrichment:</b>	Fun, friendship and learning how to fight with a sword!
<b>How can you get the Golden Arrow?</b>	The student who demonstrates and understand the skills required to be an accurate fencer.
<b>You will need:</b>	Long sports trousers (no shorts or skirts) tee shirt and sports shoes.

### Beat Boxing

<b>Programme</b>	Beatbox with Beatfox
<b>Tutor</b>	Beatfox
<b>Year</b>	9
<b>Maximum Numbers:</b>	12
<b>What you will be doing:</b>	<i>Learning to use your mouth to create sounds and use them in a rhythmic and percussive way to create beats!</i>
<b>Skills you will develop:</b>	Confidence when performing to others Knowledge of Music Theory and using Music Technology Only choose it if you are actually prepared to participate
<b>Top 3 things about this enrichment:</b>	Challenging Opportunity to work with industry professional Fun!
<b>You will need:</b>	Just yourselves and your sense of adventure!

### Senior Archer Players

<b>Programme</b>	Senior Archer Players
<b>Tutor</b>	Mr Lia
<b>Year</b>	9
<b>Maximum Numbers:</b>	10
<b>What you will be doing/course outcomes:</b>	Drama games, script work, improvisation and devising are just a few of the activities that will take place as we explore the ins and outs of Drama and Theatre.  Students will become independent script writers looking at the process of script writing and how to become an effective storyteller.  The main focus of this course is to look at how different genres can be combined to make an effective story, and get some inspiration from modern day writers such as Shonda Rhimes.
<b>Skills you will develop:</b>	Team work, creativity, confidence and your sense of humour.
<b>Top 3 things about this enrichment:</b>	Fun, active and a great opportunity to develop as a performer.
<b>How can you get the Golden Arrow?</b>	The best script writer will get the chance to win an arrow, as well as get their script performed by a theatre group.
<b>You will need:</b>	Your imagination, a little confidence and the desire to have a good time.

## Morality and Ethics

<b>Programme</b>	Morality and Ethics
<b>Tutor</b>	Tom Hopkins
<b>Year</b>	9
<b>Maximum Number:</b>	12
<b>What you will be doing:</b>	<p>What moral?            Why did people need a sense of right and wrong?            What is true freedom?            During the course of this enrichment programme you will find out the answer to these questions.            Each week you will be learning about a different moral philosophy and how it affects the way we judge situations.</p> <p><b><u>Lesson 1</u> – Putting a Price Tag on a Life</b>  <b><u>Lesson 2</u> – Free to Choose</b>  <b><u>Lesson 3</u> – This Land is My Land</b>  <b><u>Lesson 4</u> – Hired Guns</b>  <b><u>Lesson 5</u> – A Lesson in Lying</b>  <b><u>Lesson 6</u> – What’s a fair start?</b>  <b><u>Lesson 7</u> – The Good Citizen</b>  <b><u>Lesson 8</u> –The Claims of the Community</b></p> <p>By the end of this enrichment you will be able to debate numerous issues from the perspective of utilitarians, libertarians, deontologists and virtue ethicists... and by the end you will know what all of those multisyllabic words actually mean! Win win!</p>
<b>Skills you will develop:</b>	Speaking and listening skills, debate skills, analytic and evaluative skills.
<b>Top things about this enrichment:</b>	This enrichment course will push you to think critically when confronted with an ethical dilemma such as the Trolley Problem!
<b>You might need to bring:</b>	Pens, pencils and paper.

## Sign Language

<b>Programme</b>	BSL Enrichment Programme.
<b>Tutor</b>	Mayuri Hirani
<b>Year</b>	(9
<b>Maximum Numbers:</b>	25
<b>What you will be doing/course outcomes:</b>	<p>The enrichment programme will offer a unique opportunity to gain knowledge and acquire the skills necessary to communicate effectively with Deaf people. Basic sign language and fingers spelling will be taught and an overview of d/Deaf awareness will be delivered with an insight into the barriers faced by Deaf people.</p>

	<p><b><u>An example of the topics covered during the programme:</u></b></p> <p><u>Deaf awareness</u>, deaf culture and the possibility of future employment opportunities working with deaf people.  <u>BSL- greetings</u>, manual alphabet, lip-reading exercises and tips on effective communication.  <u>General conversation skills</u> –  How are you? What’s your name? Where do you live?  BSL- all about me – name, age, home  BSL- numbers, dates, months, colours  BSL- family members, relationships, friends</p>
<p><b>Skills you will develop:</b></p>	<p>Each week skills and knowledge will be built up on. Signs will be taught, based on everyday topics such as greeting, introductions, family, food, home etc. The students will be encouraged to communicate with each other using BSL, to help improve receptive and production skills.</p> <p>Upon completion of the programme each student will be awarded a certificate from <b>DEAF</b>.</p>
<p><b>Top 3 things about this enrichment:</b></p>	<p><b><u>Testimonials from previous students.</u></b></p> <p>“I really enjoyed the enrichment, I learnt so much about deaf people and the barriers they face. It was a real eye opener”. – Ashton Sixth Form College (Manchester)</p> <p>“ You really inspired me, the course was awesome”.-Jewish Community Secondary School (London).</p> <p>The course has helped to boost my knowledge and confidence. I feel that I would know how to communicate with Deaf people now. – Alperton Brent School (London).</p>
<p><b>How can you get the Golden Arrow?</b></p>	<p>To be awarded to the student who most challenges themselves. This could be practicing signs that they have learned in between sessions, supporting other students or just getting really involved in sessions.</p>
<p><b>You will need:</b></p>	<p>A willingness to want to learn about Deaf people and their language.</p>