

Enrichment

Summer Term 2017

Year 7 & Year 8

Welcome to your enrichment programme

At the Archer Academy we think that life outside of the classroom is really important in developing your lifelong love of learning. We want you to have a wide range of opportunities to try new things, develop existing talents and have some fun!

What you do in enrichment is your choice. There is so much available for you to do, we don't know how you are going to decide what to do first!

This guide explains what you can do throughout the summer term. Remember, each term we will produce a new guide and you will be able to choose to do different courses.

How does enrichment work?

Enrichment happens every Tuesday and Thursday as part of our extended day. Your lessons will finish at 2:50pm and you will then have a 15 minute break before your enrichment courses start. We encourage you to bring a drink and a snack on Tuesdays and Thursdays to have during your break. In your break you should get changed if you need to and go outside for some fresh air. You need to go directly to your enrichment classroom or meeting point ready for a 3.05pm start.

Some courses are held at venues outside of school; so make sure you know where you need to meet your course leader and be prompt to arrive. You may need to get changed at lunchtime.

Enrichment times

Tuesday 3.05pm to 4.05pm

Thursday 3.05pm to 4.05pm

How do I make my choices?

You need to make a "Tuesday" choice and a "Thursday" choice for this term. To help you to do this you will attend an Enrichment Fair. At your Enrichment Fair you will be able to meet each of the leaders of the different courses and find out more about what they are offering. Each course leader will have a stall set out in the school. On the next page you can see where each stall will be and you should use this to navigate yourself around the fair.

Before you go to the Enrichment Fair you should read this booklet carefully as it gives you an overview of the different courses available to you this term. It is also a good idea to show this booklet to your parents and discuss what grabs your attention with them. To help you make good use of your time at the fair it is worth deciding what might be your **top five courses** in advance. By making some decisions before the fair, you will know which stalls to head for first.

At each stall the course leaders will have information available to you. You can ask them questions and see if their course is something that you would like to do.

Your form tutor will give you some information, including some strategies in how to make your choices before and after the fair.

Once you have made your choices you need to complete a "Choice Form" very carefully. At the end of the Enrichment Fair you will need to complete one form for your Tuesday choice and a different one for your Thursday choice and hand them in to your form tutor.

We hope to be able to give every student their first choice but each course has a limited number of places, therefore it is important that you think carefully about what you would like to do if you do not get your first choice. If you don't get your first choice this term you will get priority next term.

What should I think about when making my choices?

Making decisions is always difficult, particularly when you have a lot of choices available to you. As you move up through the Archer Academy you will have more and more opportunities to make choices about what you do. It is very exciting to have choice, but it can also be a little daunting as you might worry that you make the wrong decision.

The following strategies might help you:

- ✓ Read the booklet through carefully and make a list of the things you most like about each course
- ✓ Discuss the things you like about each course with someone at home
- ✓ Be brave and make sure you don't rule out anything you have never tried before, or think you might not be very good at (you don't know until you try)
- ✓ Plan some questions you would like to ask the different course leaders at the Enrichment Fair
- ✓ Identify the five courses that most interest you before the Enrichment Fair so that you do not feel too overwhelmed
- ✓ Remember your form tutor is there to help, so do ask their advice

Look carefully at the number of places available for each course, some have small numbers. Remember, you get to make fresh choices next term so don't worry that you are missing out.

What happens at the Enrichment Fair?

Your lessons will finish at 2:50pm and you then have a 15 minute break. At 3.05pm you need to make sure you are lined up outside in your tutor group, you will then go to the fair for 20 minutes in this time you will have time to explore the Enrichment Fair and talk to all the course providers. Remember to bring your booklet. At 3:30pm you will need to head back to your form room. The teacher will give you some information about the Enrichment Fair and how to make your choice, you will then need to complete your choice form.

You will find out which courses you have secured the following week. Group lists will be displayed around School.

Please note:

- You are not allowed to choose any of the same options as last Term.
- You cannot choose any of the same Enrichments on Tuesday and Thursday
- There may be the need for some Enrichments to run at Upper School. Miss Alcock will confirm this information. However, you will be required to meet your designated teacher in the playground at 2.50pm straight after session 5.

Archer Arrow

This term we are introducing the Archer Golden Arrow. This is an award given by each enrichment teacher to the student who has made the most progress during the course of that enrichment. If you get awarded an arrow, you will get a guaranteed first choice for the next enrichment session in September. Look out for what the description says you need to do and impress your teachers – remember only one student per enrichment gets the golden arrow.

Tuesday Choices

The information below outlines the courses you can choose from on a Tuesday. Have a good read. It is all very exciting!

Archer Allotment

Programme	Archer Allotment
Tutor	Mr Naylor and Guests
Year	7, 8 and 9
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Are you willing to participate in activities that promote our school community?</p> <p>Does the development of our outdoor areas interest you?</p> <p>Our Stanley Road site is now fully established with all the fantastic facilities being used by students and staff. However certain parts of our outdoor spaces could be made better use of. The Archer Allotment club will be tasked with developing an edible playground and school allotment with guest gardeners. We will complete the following tasks on rotation each week:</p> <ul style="list-style-type: none"> • potting/planting • raised bed maintenance and watering

	<ul style="list-style-type: none"> • fencing • compost management • RHS Award submission and weekly photographs • Guest speaker from RHS • Garden suburb allotment visit • Journal presentation
Skills you will develop:	<ul style="list-style-type: none"> • Peer group discussion and debate • Learning practical skills for life.
Top 3 things about this enrichment:	<ul style="list-style-type: none"> • Working collaboratively to share ideas • Contributing to the development of our school • Enjoying the sunshine!!
How can you get the Golden Arrow?	By contributing to all of the following tasks and documenting your efforts in your journal: potting/planting, raised bed maintenance, watering, fencing, compost management, RHS Award submission and weekly photographs.
You will need:	<ul style="list-style-type: none"> • An apron and gloves • A small notepad and pen • Sensible shoes or wellington boots

Creating a cover song

Programme	Creating a cover song
Tutor	Miss Jones
Year	7-8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Dissecting a pop song and re-writing it for a group of singers</p> <ol style="list-style-type: none"> 1. What makes a good song? What makes a good arrangement? 2. Choosing a good song 3. Learning to arrange 4. Teaching it to your friends 5. Junk Orchestra – writing an accompaniment 6. Rehearsal 7. Performance 8. Tweaking, recording, evaluation
Skills you will develop:	<p>Working in a team</p> <p>Music theory</p>

	Listening for purpose Being resourceful with what is around you!
Top 3 things about this enrichment:	Fun Creative Challenging
How can you get the Golden Arrow?	Composing, performing and recording an arrangement that is highly original, well-rehearsed and that makes your audience sit up and take notice.
You will need:	A notebook In week 5 you will need a home-made instrument (instructions on how to do this will be provided)

Formula 1

Programme	Formula 1
Tutor	Mr. Pearson
Year	7&8
Maximum Numbers:	16
What you will be doing/course outcomes:	You will be looking at existing formula 1 cars, looking at how aerodynamics and shape add speed and control. You will then use this to work in pairs and design and create your own craft. These will be tested using high-powered gas canisters. Lesson 1: Design of aerodynamic shape, modelling shape in Styrofoam Lesson 2-5: Making car, cutting, filing, sanding, drilling, Lesson 6-7: Laser cutting designs, spray painting finish and assembling Lesson 8: Race day!
Skills you will develop:	Research, Analysis, Design, Construction, practical skills
Top 3 things about this enrichment:	Using all the workshop machinery to make your car, getting competitive and testing your car using gas canisters
How can you get the Golden Arrow?	To be awarded to the student who improves their practical skills over the course and who shows resilience and independence on practical.
You will need:	Pencils, pens, general school equipment

Greek Club

Programme	Greek Club
Tutor	Panagiota Tsangari
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Over the duration of the course you will develop skills in the following areas:</p> <p>Ancient Greek as one of the facebook language choices.</p> <p>Learn to write and pronounce the Greek alphabet from Oxyrynchus Papyri and inscriptions.</p> <p>Learn the Greek origin of English words. (e.g. Greek words in Science).</p> <p>Explore the 'colourful' Ancient Greek Civilization (all the buildings and statues in Ancient Greece were colourful).</p> <p>Greek mythology in comics.</p> <p>The adaptation of Ancient Drama today.</p> <p>Play some of the ancient Olympic Sports.</p> <p>Perform in Ancient Greek (if possible), or in English, a very brief dialogue from Aristophanes' comedy.</p>
Skills you will develop:	Articulation, Creativity, Philosophical, Analytical and Evaluative.
Top 3 things about this enrichment:	<p>Learn to write the Greek Alphabet</p> <p>English words of Greek origin - How has Greek influenced the English language?</p> <p>Develop an awareness of the similarities and differences between the classical world and later times and cultivate sensitivity to past societies.</p>
How can you get the Golden Arrow?	To be awarded to the student who is able to write the alphabet from memory and some Greek words.
You will need:	Bring a note book, folder and any materials you like to use. Sometimes you may need to provide some specific materials but you will be told this in advance.

Junior Archer Players

Programme	Junior Archer Players
Tutor	Miss Rodford& Mr Dean
Year	7&8

Maximum Numbers:	15
What you will be doing/course outcomes:	<p><i>Would you like to take your performing skills to the next level? Would you like to be part of an original comedy script?</i></p> <p>This term year 7&8 will be working on a drama piece that will be part of our biggest annual event; the Archer Academy summer showcase!</p> <p>Each week you will work on your dramatic technique and performance skills working towards a final full length piece.</p> <p>This enrichment will provide you with an opportunity to stretch and challenge yourself through applying dramatic technique.</p> <p>You will be expected to contribute and perform and commit outside enrichment time. This will require creativity, energy and enthusiasm.</p>
Skills you will develop:	<p>Creativity within performance.</p> <p>Dramatic techniques.</p> <p>Developing your understanding comedy and script work.</p> <p>Team work in terms of rehearsing in groups.</p>
Top 3 things about this enrichment:	<p>Exploring the genre of comedy through devising and script.</p> <p>Team work and collaboration with peers.</p> <p>Performance opportunity in a professional theatre setting.</p>
How can you get the Golden Arrow?	<p>Positivity and focus throughout rehearsal process.</p> <p>Rehearsals outside enrichment to refine performance skills.</p>
You will need:	Archer CP kit and a water bottle.

Korean Soaps

Programme	Korean Soap Operas
Tutor	Miss Ingleby
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>We will watch, talk about and pick apart the unique and world famous genre of Korean TV Dramas - these are a distinctive part of Korean culture, and as well as being entertaining and enjoyable to watch, tell us lots about a place you may have never visited or experienced before. Korean Dramas are TV shows that can vary widely in plot and genre, from historical epic tragedies to modern action comedies, but have a distinctive style and only run for a short time. Many people in South Korea love to watch them in the same way people watch Soap Operas in the UK, and they can reveal a lot about everyday South Korean culture.</p>

	<p>Lesson 1: We will learn the Korean Alphabet and start our series off.</p> <p>Lesson 2: We will learn basic language about introducing ourselves and watch the next episode and discuss cultural context.</p> <p>Lesson 3: We will learn about language to describe friends and family and watch the next episode and discuss cultural context.</p> <p>Lesson 4: We will learn about food and restaurants and watch the next episode and discuss cultural context.</p> <p>Lesson 5: We will learn about getting around/directions in Korean and watch the next episode and discuss cultural context.</p> <p>Lesson 6: We will learn about numbers and money and watch the next episode and discuss cultural context.</p> <p>Lesson 7: We will learn about time and problems you might encounter and watch the next episode and discuss cultural context.</p> <p>Lesson 8: We will learn about Korean music and watch the last episode and discuss cultural context.</p>
Skills you will develop:	Some Korean language and cultural understanding, a few key phrases in Korean, and a love for Korean Drama!
Top 3 things about this enrichment:	You can learn a new language, watch some TV and its great fun learning about a country you might not have been to!
How can you get the Golden Arrow?	Show enthusiasm about the plot of the dramas, identify the learnt Korean words within the dramas we are watching.
You will need:	All you will need is a pen, to be open minded about discovering more about an interesting form of entertainment, and a willingness to discuss Korean culture in sessions.

Lino Printing

Programme	Lino Printing
Tutor	Miss Ashraf
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Over the duration of the course you develop skills in the following areas:</p> <p>Research – You will be creating a series of lino prints based on a theme. To start this initial process, you will be looking into how to research a particular theme and start collating ideas. You will also be understanding the concept of tessellation to create repeated patterns.</p> <p>Observational drawings – Based on the chosen theme you are to create a series of observational drawings. These are drawn on paper initially and then transferred onto tracing paper to ensure the lino has the correct proportions.</p>

	<p>Understanding cutting (practise sample) – You will get the chance to practise how to cut away a design onto a lino. This process includes understanding the different techniques of cutting, what tools work best for particular designs and understanding the health and safety aspects of lino cutting.</p> <p>Cutting the final design (Layer 1) – Once the design has been transferred onto the lino and outlined using a pen, you are ready to cut away the first layer to create your final design.</p> <p>Printing the first layer - This process will incorporate how to set up a printing station and how to achieve good results from the prints. A series of tessellated prints will produced at this stage.</p> <p>Cutting the final design (Layer 2) - After a tessellated pattern has been created, you will start to cut away your second layer back onto the lino.</p> <p>Printing the second layer – At this stage the second layer is ready to be printed. This will be in a different colour which is much darker to ensure it stands out from the previous layer.</p> <p>Mini sketchbook – After producing a series of successful lino prints, all the preparation materials (mind maps, drawings, lino and prints) will be presented in a mini sketchbook.</p>
Skills you will develop:	Research, Observational drawing, Design/Cutting, Construction/ Printing, Presenting skills.
Top 3 things about this enrichment:	<ul style="list-style-type: none"> - Designing and researching your own topic - Understanding the different cutting techniques using different tools - Producing tessellating prints.
How can you get the Golden Arrow?	<ul style="list-style-type: none"> - Well researched design and precise cutting skills to achieve a good outcome.
You will need:	<ul style="list-style-type: none"> - General school equipment (pen, pencil, rubber, ruler etc.) - Water bottle

Mad Science

Programme	Mad Science
Tutor	Mr Wick
Year	7 & 8
Maximum Numbers:	25
What you will be doing/course outcomes:	<p>Lesson 1: Starting with a bang! Creating hydrogen grenades</p> <p>Lesson 2: Dissection! Dissecting as many different organs as I can get my hands on</p>

	<p>Lesson 3: Egg Drop! Creating protections for eggs and dropping them off the roof</p> <p>Lesson 4: Electricity! Creating whacky electrical circuits using all the physics equipment</p> <p>Lesson 5: Summoning Demons! Using chemistry to turn sugar into a demon horn</p> <p>Lesson 6: Microscopes! Creative slide-making for incredible images!</p> <p>Lesson 7: Lava Lamps! Creating beautiful lava lamps to take home</p> <p>Lesson 8: Making Putty! Creating stunning and therapeutic putty to take home</p>
Skills you will develop:	<p>Developing your curiosity</p> <p>Experimental appreciation</p> <p>The scientific method</p>
Top 3 things about this enrichment:	<p>Explosions</p> <p>Awe-inspiring</p> <p>Mind-boggling</p>
How can you get the Golden Arrow?	<p>Helping others to succeed in their creations</p>
You will need:	<p>Your fiery imagination and curiosity</p>

Origami

Programme	Origami
Tutor	Ms W. Au
Year	7&8
Maximum Numbers:	25
What you will be doing/course outcomes:	<p>In Japanese, the word 'ori' means 'to fold' and the word 'kami' means 'paper'. Origami is to use paper folding technique to transform a plain piece of paper into Artform.</p> <p>You will start from learning how to fold paper into flowers, animals, boxes and more. In the small friendly groups, you will be creating bigger structure by using modular origami.</p> <p>Lesson 1: Practise different basic origami fold and learn about the history of this oriental Art.</p> <p>Lesson 2-4: Group work – learn how to produce modular origami and use friction to interlock all pieces to create different Artform.</p> <p>Lesson 5: Learn how to strips of paper from old magazine to create 3D origami stars</p> <p>Lesson 6: Brainstorm and plan a piece of display work</p>

	Lesson 7 - 8: Work as a team to produce an origami display piece
Skills you will develop:	Origami is therapeutic and it is a great way to refine your eye and hands co-ordination. Large scale modular origami can help you to develop your sequencing skills, attention skills, patience and math reasoning etc.
Top 3 things about this enrichment:	Making your own origami and big modular origami with a group. Develop independent learning and being focus
How can you get the Golden Arrow?	To be awarded to the student who improves their practical skills over the course and who shows resilience and independence in the practical.
You will need:	Pencils, pens, general school equipment or bring your own origami paper

Power Walking

Programme	Power Walking
Tutor	Ms Martin
Year	7&8
Maximum Numbers:	12
What you will be doing/course outcomes:	This course gives you the opportunity to socialise whilst getting fit at the same time. We will begin on our first session with a moderate power walk to and around Cherry Tree Woods which will be approximately 4 kilometres. Over the course of the 8 weeks, we will increase our walking distance and pace and build up to a complete 5 kilometre power walk.
Skills you will develop:	This course allows you to work on your fitness levels and improve your general health through fast paced walking.
Top 3 things about this enrichment:	This enrichment is outside so you will benefit from the fresh air. It's a chance to meet new people and socialise whilst doing a healthy activity. You will improve your fitness and will notice improvements within the 8-week programme.
How can you get the Golden Arrow?	Be enthusiastic, energetic and always willing to push yourself. I will be looking for a student who shows that they have improved their walking time over the course of the eight weeks by being able to walk further at a quicker pace.
You will need:	Your Archer PE kit A bottle of water

Website Design

Programme	Website Design with Codecademy
Tutor	Mr Naylor
Year	7&8 (boys and girls welcome)
Maximum Numbers:	20
What you will be doing/course outcomes:	<p><i>The internet is a central part of our lives - we use it every day. But have you ever wondered how websites are made? Would you like to try your hand at making your very own website?</i></p> <p>Weekly plan:</p> <ul style="list-style-type: none"> - Introduction to web design <ul style="list-style-type: none"> o Group discussion – what makes a good website? o Famous coders o What are HTML and CSS? - Intro to HTML – what are ‘tags’ and how do you use them? - More complex tags (links, tables, images) - Make it your own! - customising your fonts, colours etc - CSS – what is it and how does it help? - Unlocking the power of CSS - Web design mastery! – using HTML and CSS together <p>As part of this enrichment you will enrol in an online course called Codecademy where you’ll earn <u>points</u> and <u>badges</u> on your profile page for everyone to see and admire!</p> <p><i>Note: This will primarily be a <u>technical</u> course so you must be willing to put on your logical thinking cap and get coding!</i></p>
Skills you will develop:	See above
Top 3 things about this enrichment:	<p>Web development is so much fun - it’s both logical and creative! Coding is the future - get started on your coding journey now! You never know where it might lead you, whether as a hobby or even as a career...</p>
How can you get the Golden Arrow?	By persevering when you come across challenges and being a great problem solver!
You will need:	Just bring yourself and lots of enthusiasm and creativity!

Wild about Archer

Programme	Wild About Archer
Tutor	Miss Milligan
Year	Year 7 & 8
Maximum Numbers:	15
What you will be doing:	If you like getting outdoors and want to learn more about the amazing wildlife that lives around Archer Academy then come and help us design and build a wildlife pond and garden.
Course Structure:	<p>Over the duration of the course you will develop skills in the following areas:</p> <p>Landscape Design/Architecture: completing the hard landscaping of the wildlife garden. Learning how to use building and gardening tools. Making professional landscape drawings of our garden designs.</p> <p>Horticulture: Learning about different plants and how to effectively use different parts of the garden for wildlife. Creating a wildflower bank, rock garden and insect log piles for worms, newts and even stag beetles!</p> <p>Aquaculture and Conservation: Completion of the pond. Filling, landscaping and planting the pond. Learning about different aquatic (water) plants and endangered animals such as the great crested newt.</p> <p>Environmental Awareness and science communication: Designing signs and information boards for the garden to help other students understand more about local wildlife and how to protect it.</p> <p>Surveying Techniques: learning how to survey the environment using scientific equipment. Learning about local plants and animals as well as how to identify them using keys.</p> <p>In the final week we will be holding a ceremony to officially open the garden and participants will receive their Environmental Awards.</p>
Skills you will develop:	<ul style="list-style-type: none"> • Science & ecology field skills, identifying wildlife • Contribute towards Duke of Edinburgh award • Teamwork, gardening and conservation
Top 3 things about this enrichment:	<p>Being outdoors, enjoying the sunshine!</p> <p>Keep fit, learning how to make our school more wildlife-friendly</p> <p>Practical and hands-on.</p>
Golden Arrow:	To be awarded to the student who can achieve their 'Explorer' award from the John Muir Environmental Trust (this can contribute towards Duke of Edinburgh volunteering hours)
Golden Arrow:	Are you going to be the student to make the most progress over the 8 weeks? Being nominated as this person you will receive the Golden Arrow which will enable you to bypass the choice process next term as you will

STANDARD FOR ALL	automatically get your first choice on either a Tuesday or Thursday.
You will need:	Wellies or sturdy footwear and clothing that can get muddy!

Spanish

Programme	Spanish conversation
Tutor	Ms Cañavera
Year	7&8
Maximum Numbers:	15
What you will be doing/course outcomes:	<ol style="list-style-type: none"> 1. Spanish in a day Presentation of the competition for students of Spanish around the world 2. Practice the Spanish alphabet with words Use the pronunciation with tongue twisters Pronunciation rules applied to conversations 3. Questions and more questions Ask and answer questions 4. Chinese whispers Games and competitions 5. Temas importantes Controversial news or pictures to reflect upon and provoke opinions. 6. Music and geography Spanish speaking countries and their music. 7. More music and more geography Spanish speaking countries and their music. 8. Vamos al cine, los Oscars. Movies from around the world in Spanish.
Skills you will develop:	You will be developing and improving your understanding and speaking skills
Top 3 things about this enrichment:	<ul style="list-style-type: none"> •Improve comprehension •Gain fluency •Feel confident when speaking in Spanish
How can you get the Golden Arrow?	To be awarded to the student who improves their fluency the most and/or improves their confidence when speaking.
You will need:	Only yourself- we are going to talk and talk

Football

Programme	Improving at Football
Tutor	Mr Oakley
Year	7&8 (boys and girls welcome)
Maximum Numbers:	25
What you will be doing/course outcomes:	<p>Football drills – weekly focus on:</p> <ul style="list-style-type: none"> - Passing - Shooting - Control - Heading - Dribbling - Crossing - Team play <p>Sessions will always include some match play using two or three touch football.</p> <p>This enrichment is aimed at those who do not play for clubs outside of school, and is for those who would like to play more and improve their technique but maybe lack the confidence to join a club.</p>
Skills you will develop:	See above
Top 3 things about this enrichment:	Emphasis on team play and passing, not individual superstars.
How can you get the Golden Arrow?	Applying what you learn in the drills into the math play.
You will need:	Astro trainers/boots, PE kit and water

Dodge Ball

Programme	Dodge ball
Tutor	Mr Keogh
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Learning the rules of dodge ball</p> <p>Learning the tactics used in dodge ball</p> <p>Developing physical, technical, social and psychological skills used when</p>

	playing dodge ball
Skills you will develop:	<ul style="list-style-type: none"> - Fitness - Teamwork - Co-ordination - Balance - Agility
Top 3 things about this enrichment:	<ol style="list-style-type: none"> 1) Improve your fitness 2) Develop various skills used in game of dodge ball 3) Have fun with other students
How can you get the Golden Arrow?	<ul style="list-style-type: none"> - Putting in exemplary sporting effort - Helping staff setting up and putting equipment away - Following instructions - Working well with other students and having a good attitude - Being polite and respectful towards other students and members of staff
You will need:	<p>P.E. Kit</p> <p>Bottle of water</p>

Chess

Programme	Chess
Tutor	Mr Shane McCabe
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	Participating in a class tournament. Solving chess problems. For beginners an introduction to the basics of the game.
Skills you will develop:	Patience, ability to analyse during a game. Learning about chess tactics and ideas. Planning ahead.
Top 3 things about this enrichment:	The opportunity to develop useful life skills and habits via chess. An environment for more experienced players to improve their game. The chance to win a prize in the tournament!!
How can you get the Golden Arrow?	The student who demonstrates and understands the tactics and problem solving related to chess.
You will need:	Hard work and a positive approach combined with willingness to learn.

Muay Thai Boxing

Programme	Muay Thai Kickboxing
Tutor	Coach Shabs & Coach Ibby
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p><i>Do you want to get fit, learn a Martial Art and learn self-defence?</i></p> <p>The martial art of Muay Thai kickboxing is known as “The art of eight limbs”; which utilises kicks, punches, knees and elbows.</p> <p>Our sessions will mostly consist of partner work with one partner holding pads and the other one hitting the pads using combinations that will be demonstrated by the instructors. For more advanced students; some controlled sparring (no strikes to the head) will take place so that you can learn to use the skills you’ve acquired in a safe environment.</p> <p>Not only will you be learning a self-defence martial art; Muay Thai is also a fantastic cardio workout which tones and strengthens almost every muscle in the body – especially the core and abs!</p> <p>We strongly encourage females as well as males to take part, regardless of your current fitness level.</p>
Skills you will develop:	The classes are high intensity cardio so your fitness will improve greatly as well as building and toning muscle. Also, you’ll be learning a powerful martial art that can be used for self-defence and is a great way to build confidence.
Top 3 things about this enrichment:	<p>You get to hit things! A great way to relieve exam and life stress</p> <p>You’re learning a martial art which can be used to defend yourself</p> <p>It’s a great way to build self-confidence.</p>
How can you get the Golden Arrow?	To be awarded to the person who is most dedicated to learning and improvement. It’s not about how good you are when you start; but how much you’ve improved when you finish and how much you put into each session.
You will need:	Shorts/leggings and a t-shirt/workout top. Oh, and water! 😊 All other equipment is provided by the Club...

Yoga

Programme	Yoga
Tutor	Maxine Levy
Year	10
Maximum Numbers:	15

What you will be doing/course outcomes:	<p>Do you like the idea of finding a new way of staying healthy and fit? Yoga is a fun non - competitive movement based activity and might be just the thing for you!</p> <p>The word Yoga means 'balance'. Body, focus and breath all work together. It is a brilliant tool for keeping your body in good shape. As well as developing simple strategies to cope with life's little stresses.</p> <p>You will develop awareness of using your body and mind through a series of easy exercises. You will get to explore what your body can do: Stretch muscles you never thought were there. Explore your flexibility and balance. Be surprised at where your limits are. Open to all levels. No special skills required. Aimed at total beginners – come and have a try!</p> <p>Fundamental skills will include:</p> <ul style="list-style-type: none"> - Balancing Poses: Tree pose, "warrior 3" and "half moon pose" - Strengthening Poses: cobra, warrior 1&2, downward dog ad "chataranga - Stretching Poses: twists, forward bends, back bends, bow pose following sequences – sun salutes - Breathing techniques: full yogic/3 apart breath, alternate nostril breathing - Skills to harness mind/body connection, concentration, relaxation, meditation.
Skills you will develop:	Developing great balance, stability, flexibility and posture. Exploring what you can do with your body – safely. Improving concentration and focus (great for exams!) Learning simple techniques to feel calm and relaxed
Top 3 things about this enrichment:	<p>Keeping healthy strong and fit.</p> <p>Developing strategies to unwind and release tension.</p> <p>Leaving feeling more coordinated – and also confident to try other sports!</p>
How can you get the Golden Arrow?	Importance of using simple techniques to de-stress at home. A capacity to access a space of "quiet" within themselves during the session.
You will need:	Dance kit. A bottle of water.

Manga

Programme	Manga Comics
Tutor	Sally-Anne Hickman
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Would you like to create your own manga characters and learn how to draw your favourite ones? Do you like drawing and want to develop new and exciting skills?</p> <p>Learn how to draw and letter your own manga comic strips with the possibility of developing your ideas into a whole comic! Starting with basic pencil techniques and step by step character designing, this course will guide you in how to make your own manga style comics.</p>
Course Structure:	The course will be focused on:

	<ul style="list-style-type: none"> • Learning traditional Japanese Manga Artistic techniques • Developing knowledge of Manga storytelling • Producing your own Manga style comic strip • Experimenting with different Manga subjects such as animals, food i.e. Kawaii <p>You will be able to suggest themes for upcoming sessions in order to help develop your own artistic goals.</p>
Skills you will develop:	<p>Drawing, inking, character design.</p> <p>Page and panel layouts. Storytelling and plot development.</p> <p>Analysing and discussing current manga storylines and visual techniques.</p>
Top 3 things about this enrichment:	<ul style="list-style-type: none"> • Making your own manga comics and characters. • Learning new artistic skills and techniques. • Creating your own comic to share with your friends.
How can you get the Golden Arrow?	To be awarded to the student who can create their own manga character in a comic strip that is unique and not covered in any of the enrichment lessons.
You will need:	A pencil, a rubber, a pencil sharpener, a black ink pen and your imagination!

Taekwondo

Programme	Taekwon-do
Tutor	Mr Jones
Year	7-9
Maximum Numbers:	20
What you will be doing/course outcomes:	Training in Taekwon-do, a Korean martial art developed in 1955 by General Choi Hong Hi, 9 th degree Grandmaster. Training in Taekwon-do involves learning explosive kicking, punching, striking techniques as well as blocks and defensive moves alongside mental discipline.
Skills you will develop:	Physical fitness, flexibility, co-ordination of the body. You will be taught how to kick and punch, and perform combination moves. You will learn how to perform moves in a traditional way from stances and also how to use them effectively in more realistic ways by kicking pads and paddles. You will learn basic self-defence against grabs, and how to counter being attacked in a safe and fun way.
Top 3 things about this enrichment:	<ul style="list-style-type: none"> - Learn how to push yourself physically - Understanding how to co-ordinate and position your self for defence and

	<p>attack</p> <p>- Build confidence as you develop your mental and physical discipline</p>
How can you get the Golden Arrow?	<p>Consistently training with 100% effort:</p> <p>Mastering the basic techniques with good balance, power and co-ordination whilst showing the right mental attitude needed for martial arts.</p>
You will need:	PE but not need for sock or trainers (barefoot training). Water bottle

Exhibition

Programme	Exhibition
Tutor	Miss Nerissa
Year	7&8
Maximum Numbers:	15
What you will be doing:	This enrichment group will showcase the Archer Artists who want to show their art work around the school. We will look at a space in the school such as the stairwells, corridors or canteen and create art in and around the space. Throughout the term you will be working with a range of materials such as chicken wire, clay and spray paint to make your creative ideas.
Skills you will develop:	Sculpture, ceramics, graffiti, lino and many more
Top 3 things about this enrichment:	Experimenting with new materials, learning new art skills and showing your art around the school and
You might need to bring:	Pencils, pens, general school equipment and ideas.

Song Writing

Programme	Song Writing
Tutor	Ryan O'Riordan
Year	7&8
Maximum Numbers:	14
What you will be doing:	Ed Sheehan, James Bay, Ellie Goulding, Adele: the UK's charts are bursting with talented songwriters! If you are talented with rhymes and have something you want to tell the world then definitely come to Song Writing and put your skills to the test!
Skills you will develop:	<ul style="list-style-type: none"> - Making a songs structure and using chords - Developing your own musical style and voice - Writing lyrics with strong images and messages - Playing instruments while singing and other performing techniques.
Top things about this enrichment:	<ul style="list-style-type: none"> • Let's you have your say and puts you in charge • Gives you an inside look at the music industry • Great opportunities to collaborate on something original
You might need to bring:	<ul style="list-style-type: none"> • Pens and paper • Any previous songs you've written

Thursday Choices

The information below outlines the courses you can choose from on a Thursday. Have a good read. It is all very exciting!

Wire Sculptures

Programme	Wire Sculptures
Tutor	Miss Ashraf
Year	7 & 8
Maximum Numbers:	15
What you will be doing/course outcomes:	<p>Over the duration of the course you develop skills in the following areas:</p> <p>Research – You will be creating a series of wire sculptures based on a portraiture. To start this initial process, you will be looking researching into portraiture and start collating ideas.</p> <p>Observational drawings – Based on portraiture you are to create a series of observational drawings. These are drawn on paper initially and then experimented on different materials.</p> <p>Sculpting – You will get the chance to practise how to sculpt a design using wire. This process includes understanding the different techniques of sculpting, experimenting with different materials for particular designs and understanding the health and safety aspects of wire.</p> <p>String portrait – Using the observational drawings and photographs you will create a string portrait with different thickness of thread and PVA glue.</p> <p>Wire sculpture of string portrait – Using the frame of the string portrait you are going to create a wire sculpture.</p> <p>Continuous line wire sculpture – experiment with wire sculptures using one long wire to represent a continuous line.</p> <p>Mini sketchbook – After producing a series of mini wire sculptures, all the preparation materials (research, drawings, and wire sculptures) will be presented in a mini sketchbook.</p>
Skills you will develop:	Research, Observational drawing, Designing/Moulding, Construction/ Sculpting and presenting skills.
Top 3 things about this enrichment:	<ul style="list-style-type: none"> - Designing and researching portraiture. - Understanding the different sculpting techniques using different tools - Producing wire sculptures.
How can you get the Golden Arrow?	<ul style="list-style-type: none"> - Well researched design and precise moulding skills to achieve a good outcome.
You will need:	<ul style="list-style-type: none"> - General school equipment (pen, pencil, rubber, ruler etc.) - Water bottle

Wordplay

Programme	Wordplay
Tutor	J Vandervelde
Year	7 and 8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Focus on Literacy Games. Every session will start with a different prompt challenge followed by free play with a variety of word based games eg Scrabble, Boggle, Bananagrams, Pass the Bomb, Articulate, Taboo etc.</p> <p>Week 1: Prompt – cryptic crosswords</p> <p>Week 2: Prompt – dingbats</p> <p>Week 3: Prompt – anagrams</p> <p>Week 4: Prompt – countdown conundrums</p> <p>Week 5: Prompt – riddles and jokes</p> <p>Week 6: Prompt - Catchphrase</p> <p>Week 7: Prompt – Call my Bluff</p> <p>Week 8: Prompt - spellathon</p>
Skills you will develop:	<p>By the end of the course you will learn new word games and hone your skills in the games you already know.</p> <p>You will boost your vocabulary, quicken your thinking, and feel more confident with words.</p> <p>You might even find a hidden talent for a particular game and excel in this at home, in school and beyond.</p>
Top 3 things about this enrichment:	<ul style="list-style-type: none"> • Learn new games and activities • Boost your vocabulary, spelling and quicken your thinking. • An opportunity to have fun and socialise
How can you get the Golden Arrow?	<p>Consistent performance in the prompt challenges and a positive attitude to the games played. Anyone who beats Ms Vandervelde in Boggle or Scrabble is also in with a chance at securing the Golden Arrow!</p>
You will need:	<p>No equipment – all board games are provided. There might even be biscuits.</p>

Archer Media

Programme	Archer Media
Tutor	Mr Lia
Year	7&8
Maximum Numbers:	15
What you will be doing:	<p>Have you got a passion in presenting? Are you looking to be a journalist? Do you like directing and creating storyboards? Have you ever wondered how the media operates?</p> <p>Get your creative hat on as this enrichment will be looking at different elements of the media from; script writing, presenting, performing, producing, social and directing media content. Every week we'll be filming and producing various aspects of the Archer Community from the latest '#trend' to 'the man of the match'. Be ready and prepared to share your ideas and work with others!</p>
Skills you will develop:	Storyboard writing. Film editing. Creativity. Performance skills. Directorial skills. Producer skills. Marketing skills. Media guru. Resilience.
Top things about this enrichment:	Filming, editing, team work.
How can you get the Golden Arrow?	Producing an outstanding newsreel.
You might need to bring:	A pencil and notebook.

Book Club

Programme	<p><i>Do you love to get lost in a good book? Are you opinionated about intriguing characters and exciting plots? Do you like to think outside the box? Are you keen to make new friends?</i></p> <p>If your answer is yes to one or more of these questions, then Book Club is perfect for you!</p>
Tutor	Ms Devi
Year	Year 7 &8

Maximum Numbers:	15
What you will be doing/course outcomes:	We will read exciting books recommended by myself and you! These will be read independently and together in a cosy setting, there may even be hot chocolate and biscuits on offer! We will have the opportunity to explore books in depth and involve ourselves in exciting discussions, as we delve into the wonderful world of books. To conclude our book reading we will write a professional style review!
Skills you will develop:	Participating in discussions. Expressing your views. Reading for understanding. Fluency in reading out loud. Analysis of characters. Thinking 'outside the box'. Debating skills. Writing skills
Top 3 things about this enrichment:	Making friends Loving books Getting cosy
How can you get the Golden Arrow?	By ensuring you complete all reading every week without reading ahead, you show clear effort to read aloud as a group, you are willing to try new genres and you are encouraging of other people.
You will need:	Your fiery imagination A small notepad and pen

Impulse Dance

Programme	Impulse
Tutor	Miss Hacking
Year	7&8
Maximum Numbers:	15
What you will be doing/course outcomes:	<p><i>Do you enjoy learning kinaesthetically? Would you like to learn new dance styles? Do you love music? Would you like the opportunity to perform?</i></p> <p>This summer Impulse will be working towards our biggest annual performance event; the Archer Academy summer showcase!</p> <p>Over the course of the summer term, you will learn new repertoire each week to put together our dance performance for the show; this means you will need to work hard and show discipline, energy and enthusiasm!</p> <p>Miss Hacking will be expecting you to contribute and share your choreographic ideas!</p>
Skills you will develop:	<p>Developing your dance performance skills (expressive/technical)</p> <p>Understanding the importance of kinaesthetic learning.</p> <p>Team work in terms of rehearsing in groups.</p>

Top 3 things about this enrichment:	Exploring dance styles and techniques. Being part of a dance company. Performance opportunities at the summer showcase
How can you get the Golden Arrow?	Resilience and hard work in rehearsal-never giving up when it gets tough!
You will need:	Your Archer Academy CP kit. A bottle of water.

Musical Theatre

Programme	Musical Theatre
Tutor	Miss Randall & Miss Humphrey
Year	7&8
Maximum Numbers:	25
What you will be doing/course outcomes:	<p><i>Would you like to take your dancing to the next level? Would you like to work on more advanced technical and performance skills?</i></p> <p>This term year 7&8 will be working on a musical theatre piece that will be part of our biggest annual event; the Archer Academy summer showcase!</p> <p>Each week you will learn new repertoire working towards a final full length piece and build on your singing, acting and dance skills.</p> <p>This enrichment will provide you with an opportunity to stretch and challenge yourself through applying dance, drama and musical based techniques. You will develop your understanding of the craft and dramatic devices.</p> <p>We will be expecting you to contribute and perform and commit outside enrichment time. This will require creativity, energy and enthusiasm.</p>
Skills you will develop:	<p>Creativity within performance.</p> <p>Musical, dramatic and dance skills.</p> <p>Developing your understanding of musical theatre.</p> <p>Team work in terms of rehearsing in groups.</p>
Top 3 things about this enrichment:	<p>Exploring the craft of musical theatre.</p> <p>Team work and collaboration with peers.</p> <p>Performance opportunity in a professional theatre setting.</p>
How can you get the Golden Arrow?	<p>Positivity and focus throughout rehearsal process.</p> <p>Rehearsals outside enrichment to refine repertoire.</p>
You will need:	Archer CP kit and a water bottle.

Jazz Dance

Programme	Jazz Dance
Tutor	Felix Denton
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Do you want to learn a new dance technique? Do you love dancing and performing? Do you want to build your confidence and skill set?</p> <p>This enrichment will be exploring Jazz Dance techniques. Jazz dancing is a form of dance that showcases a dancer's individual style and originality. This type of dancing is energetic and fun, consisting of unique moves, fancy footwork, big leaps and quick turns.</p> <p>Each week will build on from the last, with each session focusing on a different performance skill.</p>
Skills you will develop:	Jazz dance techniques. Musicality and an acute sense of rhythm. Performance skills.
Top 3 things about this enrichment:	<p>The chance to explore a new style of dance.</p> <p>Make new friends and learn to work together.</p> <p>Get stronger and fitter!</p>
How can you get the Golden Arrow?	Demonstrating the ability to take on feedback and apply it to your technique. Hard work and resilience.
You will need:	Archer CP kit and a water bottle.

Spontaneous Improv

Programme	Improv
Tutor	Miss Greenwood
Year	7/8
Maximum Numbers:	25
What you will be doing/course outcomes:	<p>Learning how to confidently spontaneously improvise (a useful life skill)</p> <p>Learning how to improvise comedy (including rap!)</p> <p>Learning how to improvise realistic dramatic scenes.</p> <p>Improvise a performance for any staff not teaching enrichment/or to be recorded and watched back in the final session.</p>
Skills you will develop:	<p>Confidence</p> <p>Listening skills</p> <p>Ability to improvise under pressure</p> <p>Teamwork</p>
Top 3 things about this enrichment:	<p>Fun</p> <p>Energetic</p> <p>Pushes you out of your comfort zone – making you become more confident</p>
How can you get the Golden Arrow?	Be the best listener/teamplayer and the bravest (not necessarily best) improviser
You will need:	<p>CP Kit</p> <p>Trainers</p> <p>Full bottle of water</p> <p>(Eat a mint and put on deodorant during the enrichment break)</p>

Collegium

Programme	The Collegium – Create your own version of Horrible Histories!
Tutor	Ms Hyland (Thursday)
Year	7&8
Maximum Numbers:	15
What you will be doing:	<p>The Collegium brings together Archer Students interested in the ancient world. It aims to provide anyone interested in classical history, classical languages, archaeology, etc. with a fun forum in which to share ideas and engagement without any academic pressure.</p> <p>Students will have the opportunity to write their own sketches in the style of the Ancient Greek Satirists, strategically plan battles like Alexander the Great, design weaponry and costumes and visit local sites of interest. Students will even get the opportunity to write their own Latin/Ancient Greek Jokes and even sample foods of the ancient civilisations!</p> <p>If you enjoy Horrible Histories, Movies like 300, mythology, drama, gaming, general knowledge quizzes, travel, creative writing, art, archeology, philosophy and frankly being alive - you will find something you love in the collegium.</p>
Skills you will develop:	Articulation, Creative skills, Philosophical Thinking, Memory and Research skills
Top things about this enrichment:	You will have the opportunity to learn about the most fascinating time in history and have fun creating your own interpretation of each topic through a range of mediums.
You might need to bring:	A pen, colour pencils and a good imagination (costumes are also good).
Archer Arrow	Student who makes the best presentation about a topic we have learnt about – as judged by Ms Hyland.
Topics to be covered	WK 1 The Olympics WK 2 Roman Emperors WK 3 The Great Philosophers WK 4 Plato's Cave WK 5 Gladiators and Ancient Roman Life WK 6 Pompeii WK 7 Plato's Cave WK 8 Our Best Bits – Collegium Scholars' Choice

Kinder Kitchen

Programme	Cookery
Tutor	Natasha Walter
Year	YR 7/8
Maximum Numbers:	16

What you will be doing/course outcomes:	<p><i>Do you enjoy eating good food? Would you like to learn how to cook tasty but healthy dishes? Are you a budding chef itching to reveal your skills...then look no further.</i></p> <p>Example dishes included this term on the menu are: chicken nuggets, falafels & flat breads, cinnamon & currant swirls, pestos, healthy pizza, French apple tart. Each week we will supply you one or two recipes covering breakfast, lunch, dinner, snacks and drinks ideas. You will not only expand upon your cookery knowledge, but also your recipe collection as each week you will be given a recipe card to take home and keep, so that you can cook your favourite dishes again and again.</p> <p>Cooking is easy once you know how and by attending our classes we can give you a head start in the kitchen. You'll learn how fun cooking is, whilst socialising with your friends and trying out new flavours and ingredients.</p>
Skills you will develop:	<ul style="list-style-type: none"> • All the basic cooking techniques for handling, preparing and cooking a variety of fresh ingredients safely and proficiently at home. • Following recipes and instructions to cook food safely and correctly. • Learn about healthy eating and where, when and how food is grown.
Top 3 things about this enrichment:	<ol style="list-style-type: none"> 1. You will be able to cook simple, tasty dishes that you can eat at the end of class or take home 2. Try out new recipes and ingredients whilst learning vital skills 3. Have fun in the kitchen cooking with friends and bask in the pride you feel having created delicious food from scratch
How can you get the Golden Arrow?	<p>Are you going to be the student to make the most progress over the 8 weeks? Being nominated as this person you will receive the Golden Arrow which will enable you to bypass the choice process next term as you will automatically get your first choice on either a Tuesday or Thursday.</p>
You will need:	<p>to bring in ingredients on a weekly basis (recipes are handed out a week in advance in class)</p>

Rock Climbing

Programme	Indoor top rope climbing course
Tutor	Mr Frankiewicz
Year	9
Maximum Numbers:	9
What you will be doing/course outcomes:	<p>Foundation climber and top rope level course aims in learning basic safety skills and good practise in operating climbing equipment. Working in a team, focusing on body balance, self-esteem, building confidence, patience, sense of achievement and responsibility.</p>
Skills you will develop:	<p>During the course students will learn:</p> <ol style="list-style-type: none"> 1. How to be aware of safety rules and hazards

	<p>2. Put on climbing equipment correctly, tie in to the rope and belay device</p> <p>3. Climb and descent from climbing route correctly and with confidence</p> <p>4. Pre-climb safety check and top rope belaying technique</p> <p>5. Basic climbing techniques and movements and communication.</p>
Top 3 things about this enrichment:	<p>Although climbing is considered a physical activity there are objective aspects that can effectively help developing social, emotional and tactical skills. Climbing concentrates on dealing with height, exposure, stress, unknown, hesitation and can be very rewarding.</p> <p>Although climbing seems to be a very individual sport, the successful climber has to build confidence in others skills and relay on it fully.</p> <p>Climber has to develop high level of self-confidence, take responsibility for others,</p>
How can you get the Golden Arrow?	The student who manages to complete all routes on the wall with the most accuracy along with being confident and learns how to belay correct.
You will need:	POSITIVE attitude, good social skills, good discipline and attention.

Comic Art

Programme	Comics and Cartoon Club
Tutor	Sally-Anne Hickman
Year	7 & 8
Maximum Numbers:	20
What you will be doing/course outcomes:	Would you like to discover how to create your own comic strips and amazing characters? In this enrichment we will learn how to draw your favourite cartoon characters and superheroes and put them into stories you write!
Course Structure:	<p>The course will be focused on:</p> <ul style="list-style-type: none"> • Learning new and exciting drawing techniques • Developing sequential graphic narratives i.e. comics • Collating these skills to create your own graphic story <p>If you have a particular drawing style or existing character that you would like to learn how to draw, you may have the opportunity to suggest these to the class for an interactive student-led workshop.</p>
Skills you will develop:	<p>Learn how to design characters and invent plots.</p> <p>Write and draw your own comics.</p> <p>Understand different tools and techniques for drawing and inking.</p>

Top 3 things about this enrichment:	<ul style="list-style-type: none"> • Learn new artistic techniques. • Invent your own cartoon world and characters. • Have your comic in display in the school library to show your friends.
How can you get the Golden Arrow?	To be awarded to the student who can create their own wacky character comic strip that is unique and not covered in any of the enrichment lessons.
You will need:	Pencil, rubber, pencil sharpener, black ink pen and your imagination!

Cheerleading

Programme	Cheerleading
Tutor	Lindsey Pryor
Year	7&8
Maximum Numbers:	25
What you will be doing/course outcomes:	Cheerleading, gymnastics, dance, stunting.
Skills you will develop:	A choreographed piece to perform at the cheerleading competition on 16 th July.
Top 3 things about this enrichment:	Building confidence, learning new skills and team work.
How can you get the Golden Arrow?	To be awarded to student that commits to every session, challenges themselves, stand out with progression, effort and energy in every class.
You will need:	School PE kit and water bootle

Photography

Programme	Photography
Tutor	Sayako Sugawara
Year	7&8
Maximum Numbers:	12
What you will be doing/course outcomes:	Learning various Photography techniques and terms through practical activities using iPads and DSLRs.
Skills you will develop:	<p>Analytical Skills - Examining and reading images</p> <p>Photographic Skills - Composition, Lighting, Point of View</p>
Top 3 things about this enrichment:	- You will be introduced to fantastic imagery by great artists

	<ul style="list-style-type: none"> - Learn and apply different techniques for taking amazing photographs - You will start seeing the world with a different eye!
How can you get the Golden Arrow?	To be awarded to students who always try their best and challenge themselves at each lesson. Great team players who can appreciate works and opinion by others as well as theirs.
You will need:	An open Mind to let yourself experiment and develop your own visual language

Picasso Art

Programme	Picasso Art Club
Tutor	Tamara Jovandic-Everson (BA-Hons Fine Arts)
Year	7&8
Maximum Numbers:	15
What you will be doing/course outcomes:	Explore portraits from different times in history: from realism to parody (Mona Lisa) and Pop-Art! Produce your own unique portrait in style of greatest Pop-artists such as Andy Warhol, Roy Lichtenstein or Julian Opie.
Skills you will develop:	Attention to detail, observation, concentration and patience needed to draw and paint. Basic face proportions will be introduced, and colour wheel theory.
Top 3 things about this enrichment:	Students will explore works of famous artists, and will be introduced to different styles and movements in art history. Also, they will be developing their own creativity and expression through observational exercises using variety of media.
How can you get the Golden Arrow?	You need to always do your best, and most accomplished artworks will be framed!
You will need:	Your own sketch book, pencil and rubber, apron or old large shirt to protect uniform.

Squash

Programme	Squash – Coaching and Match Play
Tutor	Vickie Prow/Lucas Cannistraci
Year	9
Maximum Numbers:	12
What you will be doing/course	Provide squash coaching for players of all levels. Participants will learn how

outcomes:	to play squash in a fun, social and competitive way.
Skills you will develop:	<p>The course is designed provide participants with the skills needed to play squash and matches. It will aim to develop the following skills:</p> <ul style="list-style-type: none"> • An awareness of racket and ball skills • Hand eye coordination • Improve technique and shot selection • Learn how movement can apply to shots • Learn rules and develop match play analysis <p>The sessions will include lots of fitness activities and provide pathways into playing more squash in local clubs.</p>
Top 3 things about this enrichment:	<ol style="list-style-type: none"> 1. You will have lots of fun 2. You will learn a new game and enhance your racket skills 3. It will help to improve your fitness
How can you get the Golden Arrow?	Our coaches will be monitoring and reviewing participant process throughout the enrichment. The Golden Arrow will be awarded to the student who shows most progress and interest in squash. This will include not only learning new skills and developing their technique but the person who shows a willingness understand the squash rules and applies fair play throughout.
You will need:	Clothing suitable for sport and clean indoor trainers. No astros or muddy outdoor shoes. Trainers must be non marking.

Party Planning

Programme	Party Planning
Tutor	Yvonne Hunt
Year	7&8
Maximum Numbers:	12
What you will be doing/course outcomes:	If you are of the creative tyoe and like to organise this is the enrichment for you! You'll get the chance to make party invitations, party bags, table centres, party hats, decorate cupcakes. Design and arrange table plans!
Skills you will develop:	Organisation, team work, keen eye for detail
Top 3 things about this enrichment:	Creative, you get to use a variety of different materials, you will work independently and in small groups
How can you get the Golden Arrow?	By showing initiative, creativity and enthusiasm
You will need:	Lots of imagination!

Sign Language

Programme	BSL Enrichment Programme.
Tutor	Mayuri Hirani
Year	7&8
Maximum Numbers:	25
What you will be doing/course outcomes:	<p>The enrichment programme will offer a unique opportunity to gain knowledge and acquire the skills necessary to communicate effectively with Deaf people. Basic sign language and fingers spelling will be taught and an overview of d/Deaf awareness will be delivered with an insight into the barriers faced by Deaf people.</p> <p><u>An example of the topics covered during the programme:</u></p> <p><u>Deaf awareness</u>, deaf culture and the possibility of future employment opportunities working with deaf people.</p> <p><u>Signs</u>, manual alphabet, lip-reading exercises and tips on effective communication.</p> <p><u>General conversation skills</u> – How are you? What’s your name? Where do you live?</p> <p>BSL- all about me – name, age, home BSL- numbers, dates, months, colours BSL- family members, relationships, friends</p>
Skills you will develop:	<p>Each week skills and knowledge will be built up on. Signs will be taught, based on everyday topics such as greeting, introductions, family, food, home etc. The students will be encouraged to communicate with each other using BSL, to help improve receptive and production skills.</p> <p>Upon completion of the programme each student will be awarded a certificate from DEAF.</p>
Top 3 things about this enrichment:	<p><u>Testimonials from previous students.</u></p> <p>“I really enjoyed the enrichment, I learnt so much about deaf people and the barriers they face. It was a real eye opener”. – Ashton Sixth Form College (Manchester)</p> <p>“ You really inspired me, the course was awesome”.-Jewish Community Secondary School (London).</p> <p>The course has helped to boost my knowledge and confidence. I feel that I would know how to communicate with Deaf people now. – Alperton Brent School (London).</p>
How can you get the Golden Arrow?	To be awarded to the student who most challenges themselves. This could be practicing signs that they have learned in between sessions, supporting other students or just getting really involved in sessions.
You will need:	A willingness to want to learn about Deaf people and their language.

Games

Programme	Games
Tutor	Mr Keogh
Year	7&8
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>Playing a variety of sports, including:</p> <ul style="list-style-type: none"> - Football - Cricket - Rugby - Netball - Rounders - Frisbee - Hockey - Any other sports students would like to suggest
Skills you will develop:	<ul style="list-style-type: none"> - Fitness - Teamwork - Co-ordination - Balance - Agility
Top 3 things about this enrichment:	<ol style="list-style-type: none"> 1) Improve your fitness 2) Develop sports skills 3) Have fun with other students
How can you get the Golden Arrow?	<ul style="list-style-type: none"> - Putting in exemplary sporting effort - Helping staff setting up and putting equipment away - Following instructions - Working well with other students and having a good attitude - Being polite and respectful towards other students and members of staff
You will need:	<p>P.E. Kit</p> <p>Bottle of water</p>

Fencing

Programme	Introduction to fencing
Tutor	Fighting Fit Fencing
Year	9
Maximum Numbers:	20
What you will be doing/course outcomes:	<p>We aim to teach the core skills needed to enjoy and participate in our sport.</p> <ul style="list-style-type: none"> • Safety and good sportsmanship • The stance, on guard position • Footwork, step forward, step backward and lunge • Direct attacks • Defence, how to parry. • Combination (compound) attacks • The rules of foil fencing • How to referee • Tactics • Strategy <p>Classes will include training in movement, blade work and fun warm up games. Each session will always include several bouts with fellow fencers and a fun end of term competition.</p> <p>Fencing is often a sport that appeals to those that have not yet found a sport they can enjoy. Girls and boys compete and train together. All participants will be taught the rules and get to learn to be a referee. Fencings traditional values of fair play, courtesy and respect will be instilled in all participants.</p> <p>The aim of the course is to inspire those that have yet to find a sport to become more active. A pathway to our club in Archway will be offered to all</p>
Skills you will develop:	Fencing is a physical sport but it is also a mental game, it is often known as “a game of chess, with a sword!” All of the key physical skills, power, speed, balance coordination etc will be taught, alongside concentration, control, tactical thinking, as well as courtesy, respect and team work.
Top 3 things about this enrichment:	Fun, friendship and learning how to fight with a sword!
How can you get the Golden Arrow?	The student who demonstrates and understand the skills required to be an accurate fencer.
You will need:	Long sports trousers (no shorts or skirts) tee shirt and sports shoes

Beat Boxing

Programme	Beatbox with Beatfox
Tutor	Beatfox
Year	7&8
Maximum Numbers:	12
What you will be doing:	<i>Learning to use your mouth to create sounds and use them in a rhythmic and percussive way to create beats!</i>
Skills you will develop:	Confidence when performing to others Knowledge of Music Theory and using Music Technology Only choose it if you are actually prepared to participate
Top 3 things about this enrichment:	Challenging Opportunity to work with industry professional Fun!
You will need:	Just yourselves and your sense of adventure!

Running Club

Programme	Running Club
Tutor	Mr. Savage at Cherry Tree Woods
Year	7&8
Maximum Numbers:	10
What you will be doing:	Going for long distance runs, Speed work, Fartlek running and interval training
Skills you will develop:	Improve your cardiovascular fitness Improve your running technique Feel mentally and physically fitter
Top 3 things about this enrichment:	Great fun way to keep fit Make new friends Take part in local running competitions
You will need to bring:	Archer Academy PE kit. Water

Self Defence

Programme	Wing Tsun Kung Fu – Introduction on Self Defence
Tutor	Si-Hing Gabor Spenger, Si-Hing Matthew Cook
Year	7&8
Maximum Numbers:	25
What you will be doing/course outcomes:	Physical introduction on the martial art Wing Tsun Kung Fu – simple coordination exercises, and self defence exercises – how to defend yourself. Introduction on the philosophy and background of kung fu, why martial arts were created originally, how we can use martial arts in all areas of today's life – how to control our body and through that our emotions. If you have ever been or worried about being bullied this course is for you!

Skills you will develop:	Better coordination. Self-awareness, Life saving self defence skills, better decision making
Top 3 things about this enrichment:	Intelligence can win over strength - we will show you how! Gain of confidence in all areas of life Discipline
How can you get the Golden Arrow?	You will have to be focussed, disciplined and respectful to one another to start with – a combination of physical and theoretical understanding will be key to be awarded with the Golden Arrow – it is not how talented or good you are at the beginning but how much you have improved over the 8 weeks compared to yourself!
You will need:	An interest in martial arts.

Tennis

Programme	Tennis
Tutor	Lucy Dean
Year	7&8
Maximum Numbers:	16
What you will be doing:	Basic Strokes <ul style="list-style-type: none"> - Forehand - Backhand Themes of games <ul style="list-style-type: none"> - Rally - Moving opponent - Coming to the net Serve and return Match play
Skills you will develop:	Coordination Agility Team work
Top 3 things about this enrichment:	Challenging Fun Lots to learn
You will need:	PE kit & water bottle