

Spring Term Enrichment 2017

Year 9

Welcome to your enrichment programme

At the Archer Academy we think that life outside of the classroom is really important in developing your lifelong love of learning. We want you to have a wide range of opportunities to try new things, develop existing talents and have some fun!

As you know, enrichment changes slightly when you move into Year 9 to ensure that the programme meets your needs as senior students. As you become older it is ever more important for you to have a range of skills and interests to compliment your academic curriculum and prepare you for university and the world of work.

In Year 9 enrichment forms the white block of your curriculum.

What you do in enrichment is your choice. There is so much available for you to do, we don't know how you are going to decide what to do first!

Your Tuesday afternoon programme is more similar to that which you followed in Year 7 and 8 to enable you to keep trying lots of new, different things.

This guide explains what you can do on a Tuesday afternoon. You need to read the information carefully and think about what you would like to do. Remember, make a fresh Tuesday choice each term.

Enrichment Fair

To help you to make your choices you will attend an Enrichment Fair. At your Enrichment Fair you will be able to meet each of the leaders of the different courses and find out more about what they are offering. Each course leader will have a stall set out in the school.

Before you go to the Enrichment Fair you should read this booklet carefully as it gives you an overview of the different courses available to you this term. It is also a good idea to show this booklet to your parents and discuss what grabs your attention with them. To help you make good use of your time at the fair it is worth deciding what might be your **top five courses** in advance. By making some decisions before the fair, you will know which stalls to head for first.

At each stall the course leaders will have information available to you. You can ask them questions and see if their course is something that you would like to do.

Your form tutor will give you some information, including some strategies in how to make your choices before and after the fair.

Once you have made your choices you need to complete a "Choice Form" very carefully. At the end of the Enrichment Fair you will need to complete a form for your Tuesday choice.

We hope to be able to give every student their first choice but each course has a limited number of places, therefore it is important that you think carefully about what you would like to do if you do not get your first choice. If you don't get your first choice this term you will get priority next term for your Tuesday choice.

What should I think about when making my choices?

Making decisions is always difficult, particularly when you have a lot of choices available to you. As you move up through the Archer Academy you will have more and more opportunities to make choices about what you do. It is very exciting to have choice, but it can also be a little daunting as you might worry that you make the wrong decision.

The following strategies might help you:

- ✓ Read the booklet through carefully and make a list of the things you most like about each course.
- ✓ Discuss the things you like about each course with someone at home.
- ✓ Be brave and make sure you don't rule out anything you have never tried before, or think you might not be very good at (you don't know until you try).
- ✓ Plan some questions you would like to ask the different course leaders at the Enrichment Fair.
- ✓ Identify the five courses that most interest you before the Enrichment Fair so that you do not feel too overwhelmed.
- ✓ Remember your form tutor is there to help, so do ask their advice.

Look carefully at the number of places available for each course, some have small numbers.

Please note that you are allowed to select an Enrichment you chose last term. However, if the course is oversubscribed other students who have not been lucky enough to take part in that enrichment will be given priority.

Tuesday Choices

The information below outlines the courses you can choose from on a Tuesday. Have a good read. It is all very exciting!

Remember you can make a fresh choice each term on a Tuesday.

3D Printing

Programme	3D printing (12 places)
Tutor	Mr. Pearson
What you will be doing:	You will be using the design process and CAD/CAM to come up with a variety of products using the 3d printer. You will be taught how to use CAD software to design and then make using the laser cutter. Products that can be made will be decided by you! Once you have been taught the skills it is up to you as a designer to develop your own product.
Skills you will develop:	Designing Making and use 3d printer CAD/CAM
Top 3 things about this enrichment:	Being able to design and make your own products. Using the 3d printer! Taking home a variety of products you have made!
You might need to bring:	Hard drive, any decoration materials you may want to use.

Archer Allotment

Programme	Archer Allotment (20 places)
Tutor	Mr Naylor and Guests
What you will be doing:	Are you willing to participate in activities that promote our school community? Does the development of our outdoor areas interest you? Our Stanley Road site is now fully established with all the fantastic facilities being used by students and staff. However certain parts of our outdoor spaces could be made better use of. The Archer Allotment club will be tasked with developing an edible playground and school allotment with guest gardeners.
Skills you will develop:	Peer group discussion and debate Learning practical skills for life.
Top 3 things about this enrichment:	Working collaboratively to share ideas Contributing to the development of our school Enjoying the sunshine!!
You might need:	Your fiery imagination A small notepad and pen Sensible shoes

Archer Media

Programme	Archer Media
Tutor	Mr Lia
What you will be doing:	<i>Have you got a passion in presenting? Are you looking to be a journalist? Do you like directing and creating storyboards? Have you ever wondered how the media operates?</i> Get your creative hat on as this enrichment will be looking at different elements of the media from; script writing, presenting, performing, producing, social and directing media content. Every week we'll be filming and producing various aspects of the Archer Community from the latest '#trend' to 'the man of the match'. Be ready and prepared to share your ideas and work with others!
Skills you will develop:	Storyboard writing. Film editing. Creativity. Performance skills. Directorial skills. Producer skills. Marketing skills. Media guru. Resilience.
Top things about this enrichment:	Filming, editing, team work.
You might need to bring:	A pencil and notebook.

Badminton

Programme	Badminton (10 Places)
Tutor	Mr Ahmed
What you will be doing:	Learning, umpire and playing badminton. You will learn how to outwit your opponent
Skills you will develop:	Rules of badminton, Badminton skills, fitness, hand eye coordination. How to play doubles.
Top 3 things about this enrichment:	Physically demanding, competitive, exciting
You might need to bring:	Archer PE kit & water bottle

Chess

Programme	Chess (15 places)
Tutor	Chess Coach
What you will be doing:	<i>Are you a future Chess Master? Are you tactically minded?</i> Chess will allow you to pit your wits against your opponent and try to out manoeuvre them to gain Checkmate. Beginners will be taught how the pieces move and some easy strategy games that don't include all the pieces. More able students will play in tournaments against others and be set Chess challenges.
Skills you will develop:	Developing your knowledge of tactics Understanding the importance of reacting to an ever changing situations, depending on what your opponent moves.
Top 3 things about this enrichment:	Open to all levels of ability. You must respect your opponent Not interfere with the games of others(Even if you see a move that will end the game)

You might need to bring:	A competitive attitude.
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Contemporary Dance

Programme	Contemporary Dance (18 places)
Tutor	Felix Denton
What you will be doing:	<p>Would you like to take your dancing to the next level? Would you like to work on more advanced technical and performance skills?</p> <p>This enrichment will provide you with an opportunity to stretch and challenge yourself through complex repertoire, technique and choreographic tasks. Every week we will develop and deepen our understanding of contemporary dance and work in groups, to perfect and refine our skills. Felix will be expecting you to contribute and perform to a high technical standard. This enrichment will need hard work, dedication and discipline.</p>
Skills you will develop:	<p>Developing your dance performance skills (interpretive / technical)</p> <p>Understanding the importance of kinaesthetic learning.</p> <p>Team work in terms of rehearsing in groups.</p>
Top 3 things about this enrichment:	<p>Exploring dance styles and techniques.</p> <p>Making friends with other Impulse members.</p> <p>Performing dance and developing your skills.</p>
You might need to bring:	Your CP Kit. A bottle of water.

Current Affairs

Programme	Current Affairs Society (15 places)
Tutor	Mr Berkley
What you will be doing:	<p>Want to understand why Britain voted for Brexit? Need answers about why Trump has been so successful? Just want to know more about the world around you?</p> <p>Each week we will look at a range of the most important headlines in the news and discuss their implications. This is guaranteed to include a lot of discussion about: The implications of Brexit, the US presidential election and the War in Syria.</p>
Skills you will develop:	<p>You will become more informed about current events</p> <p>You will learn to look through the news headlines and see what is really happening in the world.</p>
Top things about this enrichment:	<p>It's a place to look beyond the headlines and really understand the forces driving world affairs.</p> <p>It's a relaxed environment where you can voice your opinions.</p>
You might need to bring:	A piece of news from the week.

Games

Programme	Games (25 places)
Tutor	Mr Hepworth
What you will be doing:	A variety of different sports including Handball, Rugby, Frisbee and Softball
Skills you will develop:	Team work, coordination, fitness

Top 3 things about this enrichment:	Fun Competitive Variety of team sports
You might need to bring:	Your Archer PE kit, water bottle

Graphic Novels

Programme	The Stan Lee Excelsior Awards (12 places)
Tutor	Mrs Wolfe
What you will be doing:	Reading and judging 8 comic and graphic novels for the Excelsior Awards.
Skills you will develop:	Analysing texts, developing and sharing opinions, learning to critique.
Top things about this enrichment:	You get to read graphic novels. You can educate Mrs. Wolfe about the genre. You will be part of a national judging panel.
You might need to bring:	An enormous enthusiasm for graphic novels.

Mad Science

Programme	Mad Science (5 places)
Tutor	Mr Wick
What you will be doing:	Are you the type of person who enjoys discovering new scientific ventures? Have you wanted to dissect real organs!? Have you ever wanted to make alien blood? Would you be interested in seeing your own DNA? Would you like to set yourself on fire (safely!) How about making rainbows using chemicals? If your eyes widen and heart quickens to these exciting opportunities, then Mad Science Club will be for you!
Skills you will develop:	Developing your curiosity Experimental appreciation The scientific method
Top 3 things about this enrichment:	Explosions Awe-inspiring Mind-boggling
You might need:	Your fiery imagination and curiosity

Mightee Gym

Programme	MighteeFit TeenFit (15 places)
Tutor	Tee Tarjan and team
What you will be doing:	Mobility & Flexibility drills Bio – mechanical movement patterns Understanding and advance techniques Dynamic and explosive movements Body weight strengths Lifting body weight strength Strength and conditioning Olympic lifting pre lifts
Skills you will develop:	Advance motor skills Co-ordination Enhanced flexibility and mobility

	Increase of speed strength and power Hand eye coordination Basic body strength
Top things about this enrichment:	Fun in an offsite gym safe environment Positive atmosphere Bright spacious modern gym Working experienced industry professionals Interacting with athletes and industry experts
You might need to bring:	Archer PE kit and water bottle

**you will go off site for this course and will need to change at lunchtime. You will need to meet promptly in the courtyard at 2:50pm.*

Senior Archer Players

Programme	Senior Archer Players (15 places)
Tutor	Mr Dean (ADE)
What you will be doing:	<i>Drama games, script work, improvisation and devising are just a few of the activities that will take place as we explore the ins and outs of Drama and Theatre.</i>
Skills you will develop:	Team work, creativity, confidence and your sense of humour.
Top 3 things about this enrichment:	Fun, active and a great opportunity to develop as a performer.
You will need:	Your imagination, a little confidence and the desire to have a good time.

Squash

Programme	Squash (14 places)
Tutor	Vicky Pro at the Stormont Squash Club
What you will be doing:	<i>Have you ever wondered what it might be like to learn how to play squash? Do you want to improve your co-ordination?</i> This enrichment is for you! Led by fully qualified squash coaches you will learn the skills and techniques of squash, getting to make use of the facilities at Stormont squash club. You will also get to experience a competition environment by playing against the others in the group.
Skills you will develop:	Co-ordination, team work, physical fitness and agility.
Top 3 things about this enrichment:	Experimenting with new sporting equipment. Training with qualified squash coaches. Learning a new sport.
You will need:	PE Kit & water bottle

**you will go off site for this course and will need to change at lunchtime. You will need to meet promptly in the courtyard at 2:50pm*

Urban Wildlife Watch

Programme	Urban Wildlife Watch (15 places)
Tutor	Miss Milligan
What you will be doing:	If you like getting outdoors and want to learn more about the amazing wildlife that lives around Archer Academy then come and help us design

	and build a wildlife pond and garden.
Skills you will develop:	Science field skills and identifying wildlife, teamwork, gardening and habitat management.
Top things about this enrichment:	Taking ownership of the outdoor environment around Archer Academy, working together as a team to help make our school a nicer place for animals and plants to live. Being active outdoors, experiencing nature!
You might need to bring:	Wellies or sturdy footwear and outdoor clothing that you don't mind getting a bit dirty!

One Night Ultimate Werewolf

Programme	One Night Ultimate Werewolf (16 places)
Tutor	Mr Weintraub
What you will be doing:	<p>Do you have what it takes to fool everyone? Do you think you can outsmart your "friends or foes"? Are you good under pressure and can you creatively stay alive?</p> <p>This enrichment is a card game which contains 2 werewolf's and up to 8 other special cards. The aim for the werewolf's is to survive and the villagers must find the werewolf's. But when cards are swapped, exchanged, viewed and moved – Who is telling the truth? While your eyes are closed and other actions are being performed how will you know who to trust?</p>
Skills you will develop:	Confidence in speaking, staying calm under pressure, creative language, teamwork, social skills, bluffing, negotiating, role play and critical thinking.
Top 3 things about this enrichment:	<p>Every game is completely different with a different outcome.</p> <p>When you believe you're on one team, sometimes you may find you have to switch to the other</p> <p>A game that's so addictive you'll want to keep coming back for more</p>
You might need to bring	<p>Your poker face</p> <p>Your brain</p> <p>Your debating skills</p>

Yoga

Programme	Yoga Club (15 places)
Tutor	Maxine Levy

<p>What you will be doing:</p>	<p>Do you like the idea of finding a new way of staying healthy and fit? Yoga is a fun non - competitive movement based activity and might be just the thing for you!</p> <p>The word Yoga means 'balance'. Body, focus and breath all work together. It is a brilliant tool for keeping your body in good shape. As well as developing simple strategies to cope with life's little stresses.</p> <p>You will develop awareness of using your body and mind through a series of easy exercises. You will get to explore what your body can do: Stretch muscles you never thought were there. Explore your flexibility and balance. Be surprised at where your limits are.</p> <p>Open to all levels. No special skills required. Aimed at total beginners – come and have a try!</p>
<p>Skills you will develop:</p>	<p>Developing great balance, stability, flexibility and posture. Exploring what you can do with your body – safely. Improving concentration and focus (great for exams!) Learning simple techniques to feel calm and relaxed</p>
<p>Top 3 things about this enrichment:</p>	<p>Keeping healthy strong and fit. Developing strategies to unwind and release tension. Leaving feeling more coordinated – and also confident to try other sports!</p>
<p>You will need:</p>	<p>Dance kit. A bottle of water.</p>